

International Normalized Ratio (INR) Testing Options During COVID-19 Crisis

Tufts Health Plan members on Warfarin should contact their primary care provider (PCP) to discuss the risk of delaying INR testing versus the risk of breaking social isolation. PCPs may offer members the following options:

- Advise members to stop Warfarin if the indication for use is no longer medically necessary.
- Suggest the testing be delayed, if safe and stable to do so. Recommendations can be found on the [Anticoagulation Forum](#), question 3.
- Prescribe in home self-INR testing for the appropriate candidates who meet medical necessity. For example, the member must be on Warfarin for at least three months. The member's manual dexterity and cognitive abilities must all be considered when prescribing this option. Examples of accepted criteria to define members who qualify are listed:
 - In the [Medicare National Coverage Determination Manual \(NCD Manual\), Section 190.11](#), or
 - On the [Anticoagulation Forum](#).
- Order labs to be drawn in the member's home. Refer to the next section for available laboratory vendors.
- Switch members to a Direct-Acting Oral Anticoagulant listed on the formulary for the duration of the COVID-19 crisis, if indicated for their condition. **Note:** Commercial and Tufts Medicare Preferred HMO members will be required to pay a higher brand copay.

IN-HOME LAB VENDORS

The following laboratory vendors have centralized offices to provide home-based lab services across Massachusetts, New Hampshire and Rhode Island.

Lab Name	Address
Bay State Health Systems	338 Bernie Ave Springfield, MA 01107
Diagnostic Laboratory Medicine	14 Crosby Drive Bedford, MA 01730
East Side Clinical Lab	154 Waterman St Providence, RI 02960
Harbor Medical Laboratory	541 Main St Suite 400 S. Weymouth, MA 02190
Laboratory for Clinical Medicine, Inc	200 Corporate Place #7 Peabody, MA 01960
Life Laboratory	1233 Main Street Holyoke, MA 01040
Quest Diagnostics	415 Mass Ave Cambridge, MA 02139
Quest Diagnostics	3 Sterling Drive Wallingford, CT 06492
Quest Diagnostics	200 Forest Street Marlborough, MA 01752