

Excluded Drugs with Therapeutically Equivalent OTC Alternatives

Tufts Health Plan may exclude from coverage prescription medications once they become available over-the-counter (OTC). In this case, the specific medication may not be covered and the entire class of prescription medications may also not be covered.

Over-the-counter medications can be obtained without a prescription and are not eligible for coverage by the plan. The complete list of drugs excluded from coverage (along with their OTC alternatives) is shown below.

This list is current as of January 1, 2018.

Excluded Prescription Drug	OTC Alternative(s)
<p>Non-sedating antihistamines:</p> <ul style="list-style-type: none"> • Allegra[®] • Allegra[®]-D • cetirizine oral solution • Clarinex[®] • Clarinex[®]-D • fexofenadine • fexofenadine-pseudoephedrine ext-rel • levocetirizine • Xyzal[®] 	<ul style="list-style-type: none"> • Various store-brand antihistamines (e.g., cetirizine, fexofenadine, loratadine products) • Allegra Allergy[®] • Allegra[®]-D • Children's Allegra Allergy[®] • Claritin[®] • Claritin[®]-D • Children's Zyrtec[®] • Zyrtec[®] • Zyrtec[®]-D
<p>Nasal steroids:</p> <ul style="list-style-type: none"> • Qnasl • beclomethasone dipropionate • Beconase AQ • beclomethasone dipropionate monohydrate • Rhinocort AQ • budesonide • Omnaris • Zetonna • flunisolide nasal solution • Veramyst • Flonase • fluticasone propionate • Nasonex • Nasacort AQ • triamcinolone acetonide 	<ul style="list-style-type: none"> • Flonase[®] Allergy Relief • Nasacort[®] OTC
<p>Allergy eye drops:</p> <ul style="list-style-type: none"> • Lastacaft • azelastine HCL • Bepreve • cromolyn sodium • Emadine • Elestat • Alomide • Alocril • Patanol • Pataday • Pazeo 	<ul style="list-style-type: none"> • Various store brand allergy eye drops • Zaditor[®] (ketotifen) • Alaway[®] (ketotifen) • Opcon-A[®] (naphazoline with pheniramine)
<p>Gastrointestinal Drugs/GERD:</p>	<ul style="list-style-type: none"> • Nexium 24hr OTC capsules (covered)

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<ul style="list-style-type: none">• Rx Nexium• Rx esomeprazole	with a prescription) <ul style="list-style-type: none">• esomeprazole 24hr OTC capsules (covered with a prescription)
VSL#3 [®] DS	<ul style="list-style-type: none">• VSL#3[®]