

Over-the-Counter (OTC) Medications

Applies to: Tufts Health RITogether and Tufts Health Together*

As communicated in the [November 1, 2018 Provider Update](#), the following changes are effective for fill dates on or after January 1, 2019. As a result of this change, some OTC medications will require prior authorization in certain circumstances as outlined below:

Brand-Name OTC Medication Has a Covered Interchangeable Generic Version Available				
Advil capsule	Advil tablet	Advil PM tablet	Afrin Nasal Spray	Afrin No Drip Original nasal solution
Afrin No Drip Severe nasal solution	Aleve tablet	Aveeno Oatmeal Bath Pak Treatment	Baciguent ointment	Benadryl capsule
Benadryl Allergy tablet	Benadryl Allergy capsule	Benadryl Allergy Liquid	Benadryl Extra Strength cream	Benefiber powder
Betadine Swabstick	Caltrate + D tablet	Caltrate 600 +D Plus Minerals tablet	Centrum liquid	Centrum Silver tablet
Centrum Silver Adult 50+ tablet	Centrum tablet	Centrum Ultra Men's tablet	Cheracol-D syrup	Children's Advil suspension
Children's Benadryl Allergy liquid	Children's Benadryl Allergy chewable tablet	Children's Tylenol suspension	Chlor-Trimeton syrup	Citracal Calcium + D Slow Release tablet
Citrucel Fiber Laxative powder	Citrucel tablet	Claritin-D 12 hour tablet	Claritin-D 24 hour tablet	Clear Cough Liquid PM
Colace capsule	Conceptrol 4% gel	Dex4 Fast Acting Glucose liquid	Dimetapp Cold and Allergy elixir	Dimetapp DM Cough and Cold elixir
Dristan nasal spray	Dulcolax tablet	D-Vi-Sol liquid	Ecotrin tablet	Evac powder
Ex-Lax chewable tablet	Feosol tablet	Fer-In-Sol solution	Fleet enema	Gas-X chewable tablet
Gas-X Extra Strength chewable tablet	Gaviscon Extra Strength chewable tablet	Gelusil chewable tablet	Genteal Gel	Genteal Mild to Moderate ophthalmic solution
Geritol Complete tablet	Glycerin Adult suppository	Gonak ophthalmic solution	Gyne-Lotrimin 1% vaginal cream	Gyne-Lotrimin 3 cream
Hemocyte tablet	Hibiclens liquid	Hydrocil Instant packet	Icar Pediatric Suspension	Imodium A-D liquid
Imodium A-D tablet	Infants' Tylenol Suspension	Konsyl powder	Lotrimin AF cream	Maalox Advanced Maximum strength tablet
Magox tablet	Monistat 1	Monistat 3 Combo Pack	Monistat-3 cream	Monistat 3 Combination pack
Monistat 7	Motrin Infant Drops	Monistat Soothing Care Itch Relief cream	Mucinex-DM tablet	Muro 128 ophthalmic ointment
Muro 128 ophthalmic solution	Mylanta suspension	Mylanta DS suspension	Naphcon-A ophthalmic solution	Nasalacrom spray

Brand-Name OTC Medication Has a Covered Interchangeable Generic Version Available				
Neosporin Original ointment	Neosporin Plus Pain Relief Maximum Strength	Nicoderm CQ patch	Ocean Nasal Spray	One-A-Day Men's tablet
One-A-Day Scooby Chewables	One-A-Day Vitacraves Gummies + Omega 3 DHA chewable tablet	One-A-Day Women's Formula tablet	Opcon-A ophthalmic solution	Pedia-Lax suppository
Pedialyte Advanced Care solution	Pedialyte Electrolyte Singles	Pedialyte Freezer Pops	Pedialyte solution	Pepcid AC Maximum Strength tablet
Pepto-Bismol chewable tablet	Pepto-Bismol suspension	Pepto-Bismol tablet	Phillips tablet	Refresh Plus ophthalmic solution
Refresh Tears ophthalmic solution	Rid Aerosol	Senokot-S tablet	Slo-Niacin tablet	Sudafed Congestion tablet
Tagamet HB tablet	Tinactin 1% aerosol	Tinactin 1% aerosol powder	Tums chewable tablet	Tums Lasting Effects chewable tablet
Tylenol tablet	Tylenol Arthritis	Tylenol 8 Hour	Tylenol Children's Chewable tablet	Tylenol Children's Pain and Fever Chewable tablet
Tylenol Cough Sore Throat liquid	Tylenol Extra Strength tablet	Tylenol Infants Fever and Pain suspension	Tylenol PM Extra Strength tablet	Unisom tablet
Vick's Sinex 12 Hour Decongestant solution	Visine ophthalmic solution	Visine Advanced Relief ophthalmic solution	Visine Extra ophthalmic solution	Vitacraves + Omega 3 Chews
Zaditor ophthalmic solution	Zantac 75 tablet	Zantac 150 Maximum Strength tablet	Zyrtec Allergy capsule	Zyrtec Allergy tablet
Zyrtec Children's Allergy oral solution	Zyrtec-D Allergy/ Congestion tablet	Zyrtec tablet	ZZZquil liquid	

Brand-Name OTC Medication Does <u>Not</u> Have an Interchangeable Generic Version Available and Requires Prior Authorization				
Allergy Multi Pak Day/Night	Antacid Soft chews tablet	Aquadeks	Aquaphor	Aquaphor Advanced Therapy
Ayr Nasal Drops	Baridium tablet	Benefiber Drink Mix	Brotapp DM elixir	Cerave cream
Centravites Adults tablet	Centrum Silver Ultra Men's tablet	Centrum Silver Ultra Women's tablet	Centrum Silver Women's tablet	Centrum Ultra Women's tablet
Cerovite Advanced Formula liquid	Certavite Senior tablet	Children's Zyrtec Allergy orally disintegrating tablet	Children's Claritin chewable tablet	Claritin chewable tablet
Claritin Reditabs	Clean & Clear Advantage lotion	Eq One Daily Men's tablet	Eq One Daily Women's tablet	Eq Sinus Relief Maximum Strength tablet
Freshkote ophthalmic solution	Histex Liquid	Hydralyte solution	Isopto Tears ophthalmic solution	Lohist-D liquid

Brand-Name OTC Medication Does <u>Not</u> Have an Interchangeable Generic Version Available and Requires Prior Authorization				
Metamucil Fiber Singles	Metamucil Multihealth Fiber	Metamucil Smooth Texture packet	Miconazole 1 kit Combo	Mucinex tablet
Multi-Delyn liquid	Multi Prenatal tablet	Multivitamin Adults tablet	Multivitamin Men's tablet	Nexafed Sinus Pressure and Pain tablet
Non-Drying Sinus PE tablet	Nortemp Infants suspension	Oncovite tablet	Pedia-Lax chewable tablet	Prenatal One Daily tablet
Prenatal Vitamin tablet	Prilosec OTC tablets	RA APAP Flu Severe Cold tablet	Refresh Liquigel ophthalmic solution	Refresh Optive Advanced ophthalmic solution
Refresh Optive Sensitive ophthalmic solution	Right Step Prenatal Vitamin tablet	Spectravite Adult 50+ tablet	Spectravite Adult gummies	Spectravite Senior Ultra Women's tablet
Spectravite Ultra Men's tablet	Spectravite Ultra Men's 50+ tablet	Spectravite Ultra Women's Health tablet	Sudafed Severe Cold tablet	Thera-M tablet
Thera M Plus tablet	Thera-Tabs M tablet	Theranatal Lactation One tablet	Therems-M tablet	Tums Chewy Delights tablet
Tylenol Allergy Pack Multi Symptom	Tylenol Sinus MS tablet	Unicomplex-M tablet	Vanicream	

Brand-Name and Generic Versions of the Same OTC Medication Require Prior Authorization				
Clear Eyes Redness Relief solution	Delsym suspension	Fibercon tablet	Lamisil AT cream	Robitussin Pediatric syrup
Thick-It	Vivarin tablet			

*Tufts Health Together – MassHealth MCO Plan and Accountable Care Partnership Plans (ACPPs)