

Effective: August 1, 2023

<b>Guideline Type</b>	<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Non-Formulary <input type="checkbox"/> Step-Therapy <input type="checkbox"/> Administrative
<b>Applies to:</b>	
<b>Commercial Products</b>	
<input checked="" type="checkbox"/> Harvard Pilgrim Health Care Commercial products; Fax: 617-673-0988 <input checked="" type="checkbox"/> Tufts Health Plan Commercial products; Fax: 617-673-0988 CareLink <sup>SM</sup> – Refer to CareLink Procedures, Services and Items Requiring Prior Authorization	
<b>Public Plans Products</b>	
<input checked="" type="checkbox"/> Tufts Health Direct – A Massachusetts Qualified Health Plan (QHP) (a commercial product); Fax: 617-673-0988	

**Note:** While you may not be the provider responsible for obtaining prior authorization, as a condition of payment you will need to ensure that prior authorization has been obtained.

## Overview

### Food and Drug Administration – Approved Indications

Haegarda (C1 Esterase Inhibitor [Human]) is a plasma-derived concentrate of C1 Esterase Inhibitor (Human) indicated for routine prophylaxis to prevent hereditary angioedema (HAE) attacks in patients 6 years of age and older.

Icatibant and Sajazir (icatibant) is a bradykinin B2 receptor antagonist indicated for the treatment of acute attacks of hereditary angioedema (HAE) in adults 18 years of age and older.

Orladeyo (berotralstat) is a plasma kallikrein inhibitor indicated for prophylaxis to prevent attacks of hereditary angioedema (HAE) in adults and pediatric patients 12 years and older.

Takhzyro (lanadelumab-flyo) is a plasma kallikrein inhibitor (monoclonal antibody) indicated for prophylaxis to prevent attacks of hereditary angioedema (HAE) in adult and pediatric patients 2 years and older.

## Clinical Guideline Coverage Criteria

### Haegarda (C1 Esterase Inhibitor [Human])

The plan may authorization coverage of Haegarda for Members when all of the following criteria are met:

#### Initial Therapy

1. Documented diagnosis of hereditary angioedema
- AND**
2. Patient is at least 6 years of age
- AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist
- AND**
4. Documentation that “on-demand” therapy (e.g., icatibant, Kalbitor, Ruconest, Berinert) did not provide satisfactory control or access to “on-demand” therapy is limited

Reauthorization Criteria

1. Documented diagnosis of hereditary angioedema
- AND**
2. Patient is at least 6 years of age
- AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist
- AND**
4. Documentation of a positive clinical response as evidenced by **one (1)** of the following:
  - a. An improvement in severity and duration of attacks has been achieved and sustained
  - b. A decrease in attack frequency

**Orladeyo (berotralstat)**

The plan may authorization coverage of Orladeyo for Members when all of the following criteria are met:

Initial Therapy

1. Documented diagnosis of hereditary angioedema
- AND**
2. Patient is at least 12 years of age
- AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist
- AND**
4. Documentation that “on-demand” therapy (e.g., icatibant, Kalbitor, Ruconest, Berinert) did not provide satisfactory control or access to “on-demand” therapy is limited

Reauthorization Criteria

1. Documented diagnosis of hereditary angioedema
- AND**
2. Patient is at least 12 years of age
- AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist
- AND**
4. Documentation of a positive clinical response as evidenced by **one (1)** of the following:
  - a. An improvement in severity and duration of attacks has been achieved and sustained
  - b. A decrease in attack frequency

## Takhzyro (Ilanadelumab-flyo)

The plan may authorization coverage of Takhzyro for Members when all of the following criteria are met:

### Initial Therapy

1. Documented diagnosis of hereditary angioedema  
**AND**
2. The patient is at least 2 years of age  
**AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist  
**AND**
4. Documentation that “on-demand” therapy (e.g., icatibant, Kalbitor, Ruconest, Berinert) did not provide satisfactory control or access to “on-demand” therapy is limited

### Reauthorization Criteria

1. Documented diagnosis of hereditary angioedema  
**AND**
2. The patient is at least 2 years of age  
**AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist  
**AND**
4. Documentation of a positive clinical response as evidenced by **one (1)** of the following:
  - a. An improvement in severity and duration of attacks has been achieved and sustained
  - b. A decrease in attack frequency**AND**
5. For patients who have been attack free for 12 months, provider attestation that consideration has been given to changing the patient to a dosing interval of 300 mg every four (4) weeks

## Icatibant, Sajazir (icatibant)

The plan may authorization coverage of icatibant or Sajazir for Members when all of the following criteria are met:

1. Documented diagnosis of hereditary angioedema  
**AND**
2. The patient is at least 18 years of age  
**AND**
3. Prescribed by or in consultation with an allergist, hematologist, or immunologist  
**AND**
4. Documentation the patient has a history of at least one (1) severe attack within the past 6 months

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## Limitations

1. Haegarda and Orladeyo will be authorized for 12 months.
2. Takhzyro will be authorized for 6 months.
3. Patients new to the plan stable on Haegarda, Orladyo, or Takhzyro should be reviewed against Initial Therapy.
4. For a non-formulary medication request, please refer to the Pharmacy Medical Necessity Guidelines for Formulary Exceptions and submit a formulary exception request to the plan as indicated.

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## Codes

None

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## References

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## Approval And Revision History

September 13, 2022: Reviewed by the Pharmacy & Therapeutics Committee.

- May 9, 2023: Updated approval duration and age requirements of Takhzyro to 6 months (effective August 1, 2023)
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## Background, Product and Disclaimer Information

Pharmacy Medical Necessity Guidelines have been developed for determining coverage for plan benefits and are published to provide a better understanding of the basis upon which coverage decisions are made. The plan makes coverage decisions on a case-by-case basis considering the individual member's health care needs. Pharmacy Medical Necessity Guidelines are developed for selected therapeutic classes or drugs found to be safe, but proven to be effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in the service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations. The plan revises and updates Pharmacy Medical Necessity Guidelines annually, or more frequently if new evidence becomes available that suggests needed revisions.

For self-insured plans, coverage may vary depending on the terms of the benefit document. If a discrepancy exists between a Pharmacy Medical Necessity Guideline and a self-insured Member's benefit document, the provisions of the benefit document will govern.

Treating providers are solely responsible for the medical advice and treatment of members. The use of this policy is not a guarantee of payment or a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management guidelines when applicable, and adherence to plan policies and procedures and claims editing logic.