

## Pharmacy Medical Necessity Guidelines: Upneeq (oxymetazoline) ophthalmic solution

Effective: December 14, 2020

Prior Authorization Required	√	Type of Review – Care Management	
Not Covered		Type of Review – Clinical Review	√
Pharmacy (RX) or Medical (MED) Benefit	RX	Department to Review	RxUM
<p>These pharmacy medical necessity guidelines apply to the following:</p> <p><b>Commercial Products</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Tufts Health Plan Commercial products – large group plans</li> <li><input checked="" type="checkbox"/> Tufts Health Plan Commercial products – small group and individual plans</li> <li><input checked="" type="checkbox"/> Tufts Health Freedom Plan products – large group plans</li> <li><input checked="" type="checkbox"/> Tufts Health Freedom Plan products – small group plans</li> <li>• CareLink<sup>SM</sup> – Refer to CareLink Procedures, Services and Items Requiring Prior Authorization</li> </ul> <p><b>Tufts Health Public Plans Products</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Tufts Health Direct – A Massachusetts Qualified Health Plan (QHP) (a commercial product)</li> <li><input checked="" type="checkbox"/> Tufts Health Together – MassHealth MCO Plan and Accountable Care Partnership Plans</li> <li><input checked="" type="checkbox"/> Tufts Health RITogether – A Rhode Island Medicaid Plan</li> </ul>		<p><b>Fax Numbers:</b> RXUM: 617.673.0988</p>	

**Note:** This guideline does not apply to Medicare Members (includes dual eligible Members).

### OVERVIEW

Upneeq (oxymetazoline) ophthalmic solution is indicated for the treatment of acquired blepharoptosis in adults.

Blepharoptosis, or ptosis of the eyelid, refers to drooping of the upper eyelid that usually results from a congenital or acquired abnormality of the muscles that elevate the eyelid.

### COVERAGE GUIDELINES

The plan may authorize coverage of Upneeq (oxymetazoline) ophthalmic solution when all of the following criteria are met:

1. Documented diagnosis of acquired blepharoptosis

#### AND

2. Documentation of visual impairment by one of the following:
  - a. Margin reflex distance of 2 mm or less in primary gaze
  - b. Loss of  $\geq 8$  points in the top 2 rows of a Leicester Peripheral Field Test

### Reauthorization Criteria:

Continued coverage of Upneeq (oxymetazoline) ophthalmic solution requires documentation of one of the following:

1. Increase from baseline in number of points seen on the top 4 rows of the Leicester Peripheral Field Test

#### OR

2. Clinical improvement on marginal reflex distance

### LIMITATIONS

- Initial approval is limited to 3 months, reauthorization past 3 months may be granted for 12 months if reauthorization criteria above has been met.
- The plan does not cover Upneeq for the treatment of:
  - a) Blepharoptosis that is cosmetic and does not impair the visual field;
  - b) Congenital blepharoptosis;
  - c) Horner syndrome;
  - d) Myasthenia gravis;
  - e) Mechanical blepharoptosis (including blepharoptosis due to orbital or lid tumor)

### CODES

None

## REFERENCES

1. RVL Pharmaceuticals, Inc. Study of Safety and Efficacy of RVL-1201 in the Treatment of Blepharoptosis. NLM Identifier: NCT03565887. Available at: [clinicaltrials.gov/ct2/show/NCT03565887](https://clinicaltrials.gov/ct2/show/NCT03565887). Accessed; December 1, 2020.
2. RVL Pharmaceuticals, Inc. Study of the Safety and Efficacy of RVL-1201 in the Treatment of Acquired Blepharoptosis. NLM Identifier: NCT 02436759. Available at: [clinicaltrials.gov/ct2/show/NCT02436759?term=RVL1201&draw=2](https://clinicaltrials.gov/ct2/show/NCT02436759?term=RVL1201&draw=2). Accessed: December 1, 2020.
3. Upneeq (oxymetazoline hydrochloride) ophthalmic solution/ drops [prescribing information]. Bridgewater, NJ: RVL Pharmaceuticals, Inc.; October 2020.

## APPROVAL HISTORY

December 08, 2020: Reviewed by Pharmacy & Therapeutics Committee.

Subsequent endorsement date(s) and changes made:

- 1.

## BACKGROUND, PRODUCT AND DISCLAIMER INFORMATION

Pharmacy Medical Necessity Guidelines have been developed for determining coverage for plan benefits and are published to provide a better understanding of the basis upon which coverage decisions are made. The plan makes coverage decisions on a case-by-case basis considering the individual member's health care needs. Pharmacy Medical Necessity Guidelines are developed for selected therapeutic classes or drugs found to be safe, but proven to be effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in the service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations. The plan revises and updates Pharmacy Medical Necessity Guidelines annually, or more frequently if new evidence becomes available that suggests needed revisions.

For self-insured plans, coverage may vary depending on the terms of the benefit document. If a discrepancy exists between a Pharmacy Medical Necessity Guideline and a self-insured Member's benefit document, the provisions of the benefit document will govern.

Treating providers are solely responsible for the medical advice and treatment of members. The use of this policy is not a guarantee of payment or a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management guidelines when applicable, and adherence to plan policies and procedures and claims editing logic.

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