Medical Necessity Guidelines:
Breast Pumps

Effective: September 1, 2023

### Prior Authorization Required
If REQUIRED, submit supporting clinical documentation pertinent to service request to the FAX numbers below

| Yes | No | ☒ |

### Notification Required
If REQUIRED, concurrent review may apply

| Yes | No | ☒ |

### Applies to:

#### Commercial Products
- ☒ Harvard Pilgrim Health Care Commercial products; 800-232-0816
- ☒ Tufts Health Plan Commercial products; 617-972-9409
  CareLinkSM – Refer to CareLink Procedures, Services and Items Requiring Prior Authorization

#### Public Plans Products
- ☒ Tufts Health Direct – A Massachusetts Qualified Health Plan (QHP) (a commercial product); 888-415-9055
- ☒ Tufts Health Together – MassHealth MCO Plan and Accountable Care Partnership Plans; 888-415-9055
- ☒ Tufts Health RITogether – A Rhode Island Medicaid Plan; 857-304-6404
- ☒ Tufts Health Unify* – OneCare Plan (a dual-eligible product); 857-304-6304
  *The MNG applies to Tufts Health Unify members unless a less restrictive LCD or NCD exists.

#### Senior Products
- ☐ Harvard Pilgrim Health Care Stride Medicare Advantage; 866-874-0857
- ☐ Tufts Health Plan Senior Care Options (SCO), (a dual-eligible product); 617-673-0965
- ☐ Tufts Medicare Preferred HMO, (a Medicare Advantage product); 617-673-0965
- ☐ Tufts Medicare Preferred PPO, (a Medicare Advantage product); 617-673-0965

Note: While you may not be the provider responsible for obtaining prior authorization or notifying Point32Health, as a condition of payment you will need to ensure that any necessary prior authorization has been obtained and/or Point32Health has received proper notification. If notification is required, providers may additionally be required to provide updated clinical information to qualify for continued service.

### Overview
Breastfeeding is the physiological norm for both mothers and their children. Breast milk offers medical and psychological benefits not available from human milk substitutes. The American Academy of Family Physicians recommends that all babies, with rare exceptions, be breastfed and/or receive expressed human milk exclusively for the first six months of life.

There are three types of breast pumps. These are manual, electric, and durable electric pumps also known as “hospital grade pumps”. Hospital grade breast pumps are considered to be a type of durable medical equipment (DME) and are not designed for commercial sale or use.

### Clinical Guideline Coverage Criteria
The Plan may cover Manual, Electric and Hospital Grade Breast Pumps when medically necessary. The following are required for coverage for any type of Breast Pump:

1. The pump must be obtained from a contracting Durable Medical Equipment (DME) provider
2. The Member must have a physician's prescription
Manual and Electric Breast Pumps

The Plan will cover the purchase of one breast pump, either manual or electric, for pregnant or postpartum Members, per pregnancy.

Hospital Grade Electric Breast Pumps

The Plan will cover the rental of one hospital grade breast pump for postpartum Members, in place of a manual or electric pump, when deemed appropriate by the ordering provider. Use of a Hospital Grade Breast Pump may be appropriate in the following circumstances:

1. A premature hospitalized newborn/infant
2. An infant with a congenital, or other, anomaly that interferes with the ability to breast feed effectively (e.g., cleft lip, cleft palate, and/or other anomalies of the tongue, mouth or pharynx)
3. Mother is hospitalized and separated from the newborn/infant

NOTE: Hospital grade electric breast pump coverage may differ according to plan or products. Please refer to the member’s plan documents and the applicable Preventive Services documents: Harvard Pilgrim Health Care and Tufts Health Plan

Limitations

Coverage of breast pumps may vary depending on the terms of the Member’s plan benefit document.

Codes

The following code(s) are associated with this service:

Table 1: CPT/HCPCS Codes

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>E0602</td>
<td>Breast Pump, manual, any type</td>
</tr>
<tr>
<td>E0603</td>
<td>Breast pump, electric (AC and/or DC), any type</td>
</tr>
<tr>
<td>E0604</td>
<td>Breast pump, hospital grade, electric (AC and/or DC), any type</td>
</tr>
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References:


Approval And Revision History

June 17, 2020: Reviewed by the IMPAC, renewed without changes

Subsequent endorsement date(s) and changes made:

- June 24, 2020: Fax number for Unify Updates
- June 16, 2021: Reviewed by IMPAC, renewed without changes
- January 19, 2022: Reviewed by Medical Policy Approval Committee (MPAC), Removal of PA, addition of RITogether as applicable product. Removal of rental period language, effective February 1, 2022
- July 20, 2022: Reviewed by MPAC for integration between Harvard Pilgrim Health Care and Tufts Health Plan,
renewed without changes

- March 10, 2023: Addition of clarifying note regarding coverage per product or plan, addition of link to preventive list
- July 19, 2023: Reviewed by MPAC, renewed without changes, effective September 1, 2023

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**Background, Product and Disclaimer Information**

Medical Necessity Guidelines are developed to determine coverage for benefits and are published to provide a better understanding of the basis upon which coverage decisions are made. We make coverage decisions using these guidelines, along with the Member’s benefit document, and in coordination with the Member’s physician(s) on a case-by-case basis considering the individual Member’s health care needs.

Medical Necessity Guidelines are developed for selected therapeutic or diagnostic services found to be safe and proven effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in our service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations. We revise and update Medical Necessity Guidelines annually, or more frequently if new evidence becomes available that suggests needed revisions.

For self-insured plans, coverage may vary depending on the terms of the benefit document. If a discrepancy exists between a Medical Necessity Guideline and a self-insured Member’s benefit document, the provisions of the benefit document will govern. For Tufts Health Together (Medicaid), coverage may be available beyond these guidelines for pediatric members under age 21 under the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefits of the plan in accordance with 130 CMR 450.140 and 130 CMR 447.000, and with prior authorization.

Treating providers are solely responsible for the medical advice and treatment of Members. The use of this guideline is not a guarantee of payment or a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to eligibility and benefits on the date of service, coordination of benefits, referral/authorization, utilization management guidelines when applicable, and adherence to plan policies, plan procedures, and claims editing logic.