

## Tufts Health Plan Sleep Management Program

### PROGRAM OVERVIEW

eviCore is the sleep benefit manager for Tufts Health Plan's Sleep Benefit Program for Commercial (including Tufts Health Freedom Plan), Tufts Health Direct, Tufts Health Together – MassHealth MCO and Accountable Care Partnership Plans (ACPP) and Tufts Medicare Preferred HMO members.

eviCore performs utilization management for diagnostic studies, sleep apnea related devices and DME supplies and resupplies. Additionally, eviCore monitors PAP device generated patient compliance data.

All prior authorization requests must be directed to [eviCore.com](http://eviCore.com).

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Tufts Health Plan has opened its Sleep Management Program to contracted hospital and sleep laboratory providers who are Out-of-Center Sleep Testing (OCST) accredited.

- **For Tufts Health Plan contracted hospital and sleep laboratory providers that are AASM-accredited for OCST and are not providers in other eviCore HST networks:** Contact eviCore by sending an email to [pcssleep@evicore.com](mailto:pcssleep@evicore.com) and request to become a provider of HST.
- **For Tufts Health Plan contracted hospital and sleep laboratory providers that are accredited by the AASM for PSG but are not OCST-accredited:** Contact the American Academy of Sleep Medicine (AASM) and complete the process of attestation. The process takes only a few weeks to complete. Once you have completed the OCST attestation, contact eviCore by sending an email to [pcssleep@evicore.com](mailto:pcssleep@evicore.com) and request to become a provider of HST.
- **For Tufts Health Plan contracted hospital and sleep laboratory providers that are not HST providers in other eviCore networks AND are not AASM-accredited for either PSG or OCST:** Contact the AASM in order to complete the accreditation process for both PSG and OCST. This process can take 3–6 months to complete. Once the accreditation process for both PSG and OCST has been completed, contact eviCore by sending an email to [pcssleep@evicore.com](mailto:pcssleep@evicore.com) and request to be a provider of HST.

### POSITIVE AIRWAY PRESSURE – IMPORTANT INFORMATION REGARDING APAP

Tufts Health Plan contracted PAP providers are able to supply an APAP to Tufts Health Plan members when PAP therapy is recommended as a result of a Home Sleep Test. DME providers must dispense PAP devices equipped with either a wireless or wired modem for remote monitoring capability. Only PAP machines manufactured by ResMed, Respironics, or Fisher & Paykel will be supported in the program.

DME providers will need to enter specific information into these manufacturers' online compliance systems in order for the data to be submitted to eviCore. Specifically, DME providers will need to add Tufts Health Plan as an insurance carrier and DME providers will need to enter the Tufts Health Plan member ID in a designated field.