

Compensation Grid

Participating Hospitals

Network hospitals and their availability may change during the year. To check for the latest information, call a member representative at the phone number on your member ID card.

How Tufts Health Plan Pays Network Hospitals HMO, POS, EPO, and PPO Hospitals

Payment arrangements between Tufts Health Plan and network hospitals may be direct or indirect. Hospitals often have more than one payment arrangement, either by plan type (HMO, POS, EPO, and PPO) or by the type and level of services the hospital provides. Members are encouraged to call their hospital if they have specific questions about payment from Tufts Health Plan. Each hospital in this section has a notation that shows the main payment arrangement for that hospital. Payment arrangements include:

- **Fee-for-service:** With this arrangement, a hospital is paid a fixed fee. In general, outpatient services are paid based on a schedule of fees. Inpatient fees may be in the form of the hospital's actual charges less any discount negotiated by Tufts Health Plan, or a fixed fee for each day of hospitalization, known as a per diem.
- **Shared risk/pay for performance:** In this arrangement, the hospital agrees to share risk either with providers in the community-known as a "provider unit" or a "risk pool"-or in a pay-for-performance arrangement, which is based on improving quality and lowering costs. Compensation percentages can vary among providers.
- **Full risk:** In this arrangement, the providers in the provider unit and hospital share risk with Tufts Health Plan. The risk is based on delivering services at or below a budget agreed upon by Tufts Health Plan, the providers in the provider unit, and the hospital. The budget can vary among providers. In this arrangement, the providers in the provider unit and the hospital take a greater risk for the success of the budget in return for all savings they may earn. The providers in the provider unit and hospital must protect themselves from high-cost cases, either by participating in Tufts Health Plan's relief programs or by buying insurance from an insurer acceptable to Tufts Health Plan.
- **Capitation:** In this arrangement, the hospital is paid a periodic, fixed fee per member to provide an agreed-upon range of services, regardless of the amount of services needed.

How to Use This Guide

The following grid lists hospitals that contract with Tufts Health Plan and the main payment arrangements they have for behavioral health, tertiary and home hospital care.

- Tertiary care is specialty care given in a teaching hospital, which, as a rule, isn't given in a community hospital.
- A member's home hospital is the hospital where the member's PCP mainly admits Tufts Health Plan patients.
- Community hospitals offer primary care for frequently seen medical problems, as well as a range of specialty care, and they are able to deliver state-of-the-art care in a local setting.

Select Network

Tufts Health Plan products with "Select" in their name offer the Tufts Health Plan Select Network of providers.

Your Choice

For members of Your Choice plans, the hospital's tier for the 3-tier plan and the 2-tier plan are indicated.

Network Hospital	HMO			POS, EPO and PPO		
	Behavioral Health	Tertiary	Home Hospital	Behavioral Health	Tertiary	Home Hospital
Alice Peck Day Hospital	1	1	1	1	1	1
Androscoggin Valley Hospital	1	1	1	1	1	1
Anna Jaques Hospital	2	2	2	1	1	1
Athol Hospital	1	1	1	1	1	1
Baystate Franklin Medical Center	1	2	2	1	1	1
Baystate Mary Lane Hospital	1	2	2	1	1	1
Baystate Medical Center	1	2	2	1	1	1
Baystate Nobel Hospital	1	1	1	1	1	1
Baystate Wing Memorial Hospital	1	2	2	1	1	1
Berkshire Medical Center	1	1	1	1	1	1
Beth Israel Deaconess Medical Center Boston	2	2	2	1	1	1
Beth Israel Deaconess Medical Center - Milton	2	2	2	1	1	1
Beth Israel Deaconess Medical Center -	2	2	2	1	1	1
Beth Israel Deaconess Medical Center -	2	2	2	1	1	1
Boston Children's Hospital	2	2	2	1	1	1
Boston Medical Center	2	2	2	1	1	1
Brattleboro Memorial Hospital	1	1	1	1	1	1
Brigham & Women's Faulkner Hospital	1	2	2	1	1	1
Brigham & Women's Hospital	2	2	2	1	1	1
Brockton Hospital (Signature)	1	2	2	1	1	1
Cambridge Health Alliance	4	2	2	1	1	1
Cape Cod Hospital	1	1	1	1	1	1
Carney Hospital	3	3	3	1	1	1
Catholic Medical Center	1	1	1	1	1	1
Charlton Memorial Hospital	2	2	2	1	1	1
Cheshire Medical Center	1	1	1	1	1	1
Clinton Hospital	2	2	2	1	1	1
Concord Hospital	1	1	1	1	1	1
Cooley Dickinson Hospital	1	1	1	1	1	1
Cottage Hospital	1	1	1	1	1	1
Dana-Farber Cancer Institute	1	1	1	1	1	1
Elliot Hospital	1	1	1	1	1	1
Emerson Hospital	4	2	2	1	1	1
Exeter Hospital	1	1	1	1	1	1
Fairview Hospital	1	1	1	1	1	1
Falmouth Hospital	1	1	1	1	1	1
Franklin Regional Hospital	1	1	1	1	1	1
Frisbie Memorial Hospital	1	1	1	1	1	1
Good Samaritan Medical Center	3	3	3	1	1	1
Hallmark Lawrence Memorial Hosp	2	2	2	1	1	1

Network Hospital	HMO			POS, EPO and PPO		
Hallmark Melrose Wakefield Hospital	2	2	2	1	1	1
Harrington Hospital	1	1	1	1	1	1
HealthAlliance Hospital	2	2	2	1	1	1
Heywood Hospital	2	2	2	1	1	1

Network Hospital	HMO			POS, EPO and PPO		
	Behavioral Health	Tertiary	Home Hospital	Behavioral Health	Tertiary	Home Hospital
Holy Family Hospital	3	3	3	1	1	1
Holy Family Hospital at Merrimack Valley	3	3	3	1	1	1
Holyoke Medical Center	2	2	2	1	1	1
Huggins Hospital	1	1	1	1	1	1
Kent County Hospital	2	2	2	1	1	1
Lahey Clinic Hospital	2	2	2	1	1	1
Lakes Region General Hospital	1	1	1	1	1	1
Landmark Medical Center	1	1	1	1	1	1
Lawrence General Hospital	2	2	2	1	1	1
Littleton Regional Hospital	1	1	1	1	1	1
Lowell General Hospital	1	3	3	1	1	1
Maine Medical Center	1	1	1	1	1	1
Marlborough Hospital	2	2	2	1	1	1
Martha's Vineyard Hospital	2	2	2	1	1	1
Mary Hitchcock Memorial Hospital	1	1	1	1	1	1
Massachusetts Eye & Ear Infirmary	2	2	2	1	1	1
Massachusetts General Hospital	1	2	2	1	1	1
Memorial Hospital NH	1	1	1	1	1	1
Memorial Hospital of RI	2	2	2	1	1	1
Mercy Medical Center	1	1	1	1	1	1
Metrowest Medical Center	4	1	1	1	1	1
Milford Regional Medical Center	1	1	1	1	1	1
Miriam Hospital	2	2	2	1	1	1
Monadnock Community Hospital	1	1	1	1	1	1
Morton Hospital and Medical Center	3	3	3	1	1	1
Mount Ascutney Hospital	1	1	1	1	1	1
Mount Auburn Hospital	1	3	3	1	1	1
Nantucket Cottage Hospital	2	2	2	1	1	1
Nashoba Valley Medical Center	3	3	3	1	1	1
New England Baptist Hospital	2	2	2	1	1	1
New London Hospital	1	1	1	1	1	1
Newport Hospital	2	2	2	1	1	1
Newton-Wellesley Hospital	1	2	2	1	1	1
Northeast Hospital Corp (Addison Gilbert	4	2	2	1	1	1
Northeast Hospital Corp (Beverly Hospital)	4	2	2	1	1	1

Network Hospital	HMO			POS, EPO and PPO		
North Shore Medical Center (Salem Hospital)	1	2	2	1	1	1
North Shore Medical Center (Union Hospital)	1	2	2	1	1	1
Norwood Hospital	1	3	3	1	1	1
Parkland Medical Center	1	1	1	1	1	1
Portsmouth Regional Hospital	1	1	1	1	1	1
Rhode Island Hospital (including Hasbro)	2	2	2	1	1	1
Roger Williams Hospital	2	2	2	1	1	1
South County Hospital	2	2	2	1	1	1

Network Hospital	HMO			POS, EPO and PPO		
	Behavioral Health	Tertiary	Home Hospital	Behavioral Health	Tertiary	Home Hospital
South Shore Hospital	1	1	1	1	1	1
Southern Maine Medical Center	1	1	1	1	1	1
Southern NH Medical Center	1	1	1	1	1	1
Southwestern Vermont Medical Center	1	1	1	1	1	1
Spere Memorial Hospital	1	1	1	1	1	1
St. Anne's Hospital	3	3	3	1	1	1
St. Elizabeth's Medical Center	1	3	3	1	1	1
St. Joseph Hospital (Nashua)	1	1	1	1	1	1
St. Joseph's Hospital (including Fatima)	2	2	2	1	1	1
St. Luke's Hospital	2	2	2	1	1	1
St. Vincent Hospital	1	1	1	1	1	1
Sturdy Memorial Hospital	2	2	2	1	1	1
The Westerly Hospital	2	2	2	1	1	1
Tobey Hospital (SouthCoast)	2	2	2	1	1	1
Tufts Medical Center	2	2	2	1	1	1
UMass Memorial Medical Center	4	2	2	1	1	1
Upper Connecticut Valley Hospital	1	1	1	1	1	1
Valley Regional Hospital	1	1	1	1	1	1
Weeks Medical Center	1	1	1	1	1	1
Wentworth-Douglass General Hospital	1	1	1	1	1	1
Winchester Hospital	2	2	2	1	1	1
Womans and Infants Hospital	2	2	2	1	1	1
York Hospital	1	1	1	1	1	1

Key: 1. Fee For Service 2. Shared Risk/Pay for Performance 3. Full Risk 4. Capitation

Section I: Doctors

The following pages list doctors, nurse practitioners, and physician assistants who are in Tufts Health Plan networks. They are listed in alphabetical order by the town where they practice. Doctors in Massachusetts are listed first, then doctors in other states. Doctors with more than one office have references to their other locations so you can choose the nearest one.

PCPs are in bold type. PCPs who are also specialists are identified by (o). All specialties are listed below the doctor's name.

There is an alphabetical list of providers at the end of this directory.

If you need help finding a specific doctor or type of doctor, or if you have questions about your coverage, log in to your secure account at tuftshealthplan.com or call a member representative at the number on your member ID card.

For the most up-to-date information, use the provider search tool at tuftshealthplan.com.

How We Pay Providers in Our Networks

Providers for HMO, POS, EPO, or PPO plans

Payment arrangements between Tufts Health Plan and network providers may be direct or indirect. Providers often have more than one payment arrangement-either by plan type (HMO, POS, EPO, and PPO) or based on whether they provide primary or specialty care. In addition, a provider may participate through an organization that pays them a different way.

- **Fee for service:** This arrangement pays the provider a fixed fee for services, based on an agreed-upon schedule of payments. The fee-along with any payment from the member, such as a copay, coinsurance, and/or deductible-is considered full payment.
- **Shared risk/pay for performance:** The provider shares financial risk and reward with providers in the community-known as a "provider unit" or "risk pool"-and with Tufts Health Plan. A local hospital may also be part of the arrangement. The arrangement depends on a performance- or budget-based approach for improving quality and lowering costs. If a provider does not meet cost or quality goals, the provider assigns a share of his or her claims payment to offset the cost. This amount, known as a "withhold," is the limit of the provider's financial risk in the arrangement.
- **Full risk:** In this arrangement, providers in a provider unit share risk with Tufts Health Plan and, in most cases, a local hospital. The provider unit, Tufts Health Plan, and the hospital agree on a budget for treating members unlike the shared-risk arrangement described above, the provider unit assumes a bigger risk for the success of the budget, and in return keeps all the savings it achieves. The provider unit may assume more risk than the amount of its "withhold," if costs exceed the budget. The providers in the provider unit must protect themselves from high-cost cases either by taking part in our relief programs or by buying insurance from an insurer that we approve.
- **Capitation:** This model pays the provider a periodic, fixed fee per member for an agreed-upon range of services, regardless of the amount of services delivered.
- **Percentage of premium:** In this arrangement, the provider unit assumes most of the risk for services, in exchange for a share of the monthly payment we charge members. The provider unit must also take part in our relief programs to protect against high-cost cases and/or take other financial measures for protection.

How to Use This Guide

Each provider listed has a notation indicating the provider unit the provider belongs to. The following grid lists provider units who have contracts with Tufts Health Plan and their main payment arrangements for primary and specialty care.

Example: Dr. Jane Doe is listed as being affiliated with provider unit #01 Tufts Medical Center. For HMO members, the main payment arrangement listed for Tufts Medical Center for both primary and specialty care is shared risk.

If you have questions about how we pay the provider, you should call the provider's office.

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary	Specialty	Primary	Specialty
01	Tufts Medical Center	2	2	1	1
02	PCPO - Route 2 West	2	2	1	1
03	Steward Greater - Boston West	3	3	1	1
04	PCPO - Newton-Wellesley IPA, INC.	2	2	1	1

05	PCPO - Lawrence Memorial (Hallmark)	2	2	1	1
07	Steward - Greater Dorchester	3	3	1	1
08	Saints Independent	1	1	1	1
10	PCPO - North Shore	2	2	1	1
12	Steward - Greater Brockton	3	3	1	1
13	Steward - Greater Norwood	3	3	1	1
14	Mount Auburn Cambridge IPA (MACIPA)	3	3	1	1
16	South Shore Independents	1	1	1	1
17	PCPO - Melrose-Wakefield	2	2	1	1
18	Winchester/Highland	2	2	1	1
22	Lawrence General	1	1	1	1
26	Harrington PHO	1	1	1	1
28	Lowell General PHO	3	3	1	1
33	Henry Heywood	2	2	1	1
38	BIDPO - B. I. Deaconess	2	2	1	1
39	BMC Integrated Services Inc	2	2	1	1
41	Steward - Greater Fall River	3	3	1	1
43	Jordan Independent	1	1	1	1
44	Acton Medical Associates	2	2	1	1
46	UMass Memorial Medical Center	2	2	1	1
48	PCPO - Pentucket Medical Associates	2	2	1	1
50	East Boston Community Health Center	1	1	1	1
52	PCPO - Massachusetts General	2	2	1	1
53	St. Luke's	1	1	1	1
58	Lahey Clinic - BDI	2	2	1	1
61	Quabbincare IPA, Inc. (Athol Memorial)	1	1	1	1
62	Baycare Noble Health Alliance/Noble PHO	1	1	1	1
64	Brigham and Women's	2	2	1	1
65	Sturdy Memorial Hospital	2	2	1	1
70	Baycare Health Partners/Baystate	2	2	1	1
71	South End Community Health Center	1	1	1	1
72	Milton Independents	1	1	1	1
76	Brockton PHO	1	1	1	1
78	Quincy Independents	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary	Specialty	Primary	Specialty
79	PCPO - Affiliated Pedi Practices- 1	2	2	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
81	New England Baptist	2	2	1	1
86	Gateway IPA	1	1	1	1
89	Lahey Clinic - Burlington	2	2	1	1
8A	Lahey Clinic - Peabody	2	2	1	1
8B	Lahey Clinic - Arlington/Billerica	2	2	1	1
8E	Lahey Clinic - Greenleaf	2	2	1	1
8K	Lahey Clinic - Hamilton/Werham	2	2	1	1
8O	Lahey Clinic - Wilmington	2	2	1	1
AO	Holyoke PHO (Valley Medical)	2	2	1	1
A4	Cooley Dickinson PHO	1	1	1	1
AA	NEQCA - South Shore	2	2	1	1
AB	NEQCA - Milton	2	2	1	1
AD	NEQCA - Faulkner	2	2	1	1
AE	NEQCA - Jordan	2	2	1	1
AF	NEQCA - Good Samaritan	2	2	1	1
AG	NEQCA - Norwood	2	2	1	1
AH	NEQCA - Woburn Pediatrics	2	2	1	1
AJ	Signature Health	2	2	1	1
AK	NE Neurological Associates	1	1	1	1
AL	BIDPO - Milton	2	2	1	1
AM	Landmark Physicians (Independent)	1	1	1	1
AQ	Aquidneck Medical Associates	1	1	1	1
AR	Anesthesia Associates of MA	1	1	1	1
AS	St. Vincent Physician Services	1	1	1	1
AT	NEPHO	2	2	1	1
AU	South Shore PHO	1	1	1	1
AV	PCPO - NWH MD's	2	2	1	1
AW	NH Oncology-Hematology	1	1	1	1
AX	NH 14 Independent	1	1	1	1
AY	Amoskeag Anesthesia	1	1	1	1
AZ	Radiology Associates of Plymouth	1	1	1	1
B2	Dedham Medical Associates - Dedham	3/4	3/4	1	1
BS	Steward - Greater Haverhill/Methuen	3	3	1	1
BA	Northeast Dermatology Associates	1	1	1	1
BB	RI Independent	1	1	1	1
BC	Metrowest Physician Services, Inc.	1	1	1	1
BD	NEQCA - Cape Cod	2	2	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary	Specialty	Primary	Specialty
BF	Attleboro Gastroenterology	1	1	1	1
BH	Medical Associates of Cape Cod	1	1	1	1
BJ	Emergency Physicians of Derry NH	1	1	1	1
BL	Jordan Hospital Anesthesia Assoc	1	1	1	1
BM	Berkshire Medical Group, P.C.	1	1	1	1
BP	Berkshire Pediatric Associates, PC	1	1	1	1
BQ	The Cape Physicians	1	1	1	1
BR	NEQCA - Merrimack Valley	2	2	1	1
BS	PCPO - Milford RSO	2	2	1	1
BT	Hebrew Rehabilitation Center	1	1	1	1
BW	Milford Independent Physicians	1	1	1	1
BX	Essex Inpatient Physicians	1	1	1	1
CC	NE Inpatient Hospitalists Specialists	1	1	1	1
CH	Family Health Center of Worcester	1	1	1	1
CI	Neurosurgical Consultants	1	1	1	1
CJ	Partners for Women's Health	1	1	1	1
CK	HCA Portsmouth	1	1	1	1
CN	Atmed Treatment Center	1	1	1	1
CO	Lincoln Urgent Care	1	1	1	1
CP	Armistice	1	1	1	1
CQ	Pawtuxet Valley Urgent Care	1	1	1	1
CR	Physicians of Metrowest	1	1	1	1
CS	Anesthesia Associates of Kent County	1	1	1	1
CT	Providence Anesthesiologists	1	1	1	1
CZ	Garden City Treatment Ctr	1	1	1	1
DB	East Providence Medical Center	1	1	1	1
DG	Rhode Island Medical Imaging	1	1	1	1
DH	X-Ray Associates Inc.	1	1	1	1
DI	Thundermist Health Center	1	1	1	1
DK	Midland Medical	1	1	1	1
DN	Providence Community Health Center	1	1	1	1
DO	University Emergency Medicine Foundation	1	1	1	1
DP	University Orthopedics	1	1	1	1
DQ	University Surgical Assoc.	1	1	1	1
OS	Cardiovascular Institute of New England	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
OT	West Bay Ortho	1	1	1	1
OV	Mass Independents - All Products	1	1	1	1
OW	BIDPO - Lawrence	2	2	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary Care	Specialty Care	Primary Care	Specialty Care
DX	NEQCA - Metrowest	2	2	1	1
DY	NEQCA - PediSouth	2	2	1	1
DZ	Steward - Cape Cod	3	3	1	1
EA	Steward - Compass Medical	3	3	1	1
EB	Steward - Greater Nashoba	3	3	1	1
EC	Steward - Greater Quincy	3	3	1	1
ED	Steward - Greater Taunton	3	3	1	1
EE	Nashua Anesthesia Partners	1	1	1	1
EF	Bayside Emergency Medical Associates	1	1	1	1
EI	Steward - Newburyport	3	3	1	1
EJ	Jordan's Physician Association	1	1	1	1
EK	AEIOU	1	1	1	1
EL	Urgent Care of Wilbraham	1	1	1	1
EM	Doctors Express - Saugus	1	1	1	1
EN	Doctors Express - Dedham	1	1	1	1
EO	UMASS - CentMass Physicians	2	2	1	1
EP	Doctors Express - North Andover	1	1	1	1
EQ	Harbor Medical Urgent Care	1	1	1	1
ER	CareWell Urgent Care	1	1	1	1
ES	East Side Urgent Care	1	1	1	1
ET	Ocean State Urgent Care of Westerly	1	1	1	1
EU	CareCentral Urgent Medical Group	1	1	1	1
EV	Health Express	1	1	1	1
EW	Norwood Urgent Care	1	1	1	1
EX	CareWell Urgent Care	1	1	1	1
EY	Doctors Express Braintree	1	1	1	1
EZ	Doctors Express - Waltham	1	1	1	1
F6	Faulkner Independents	1	1	1	1
F9	Brockton Independents	1	1	1	1
FA	NEQCA - Southcoast IPA	2	2	1	1
FB	NEQCA - Southcoast NBMA	2	2	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
FC	NEQCA - SPN Assoc IPA	1	1	1	1
FD	Plymouth Pathology Assoc	1	1	1	1
FE	ConvenientMD	1	1	1	1
FF	Pediatrics West Urgent Care	1	1	1	1
FG	Doctors Express - Watertown	1	1	1	1
FH	Urgi Center Medical Group	1	1	1	1
FI	Southcoast Urgent Care	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary Care	Specialty Care	Primary Care	Specialty Care
FJ	Lamprey Health Care	1	1	1	1
FK	BIDCO - Jordan	2	2	1	1
FL	BIDCO - Cambridge Health Alliance	2	2	1	1
FM	BIDCO - Needham	2	2	1	1
FN	Sturdy Radiology	1	1	1	1
FO	NEQCA - Healthcare South	2	2	1	1
FP	Whittier St Health Center	1	1	1	1
FQ	Concentra Urgent Care NH	1	1	1	1
FR	HealthFirst Family Care Center, Inc.	1	1	1	1
FS	Brockton Neighborhood Health Center	1	1	1	1
FT	Massachusetts Express Care PLLC	1	1	1	1
FV	Ocean State Primary Care of Westerly	1	1	1	1
FW	Steward Medical Group Express Care Inc	1	1	1	1
FX	BIDCO - LMVPHO	2	2	1	1
FY	Dukes County MD's	1	1	1	1
FZ	Nantucket County MD's	1	1	1	1
GO	Essex County MD's	1	1	1	1
G1	MA Independents - No Select, No Spirit	1	1	1	1
G2	MA Independents - Select only	1	1	1	1
G3	MA Independents - Spirit only	1	1	1	1
G4	Bristol County MD's	1	1	1	1
GS	Plymouth County MD's	1	1	1	1
G6	Barnstable County MD's	1	1	1	1
G7	Worcester County MD's	1	1	1	1
G8	Franklin County MD's (Independent)	1	1	1	1
G9	Hampshire County MD's (Independent)	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
GP	Harbor Health Care and Wellness Center	1	1	1	1
GQ	MedPost UCC	1	1	1	1
GR	Seacoast Medicare	1	1	1	1
GS	North American Partners in Anesthesia	1	1	1	1
GT	Boston Orthopedic Urgent Care	1	1	1	1
GU	Urgent Care Med Assoc	1	1	1	1
GV	Urgent Care Operations	1	1	1	1
HO	Hampden County MD's (Independent)	1	1	1	1
HI	Berkshire County MD's	1	1	1	1
HS	North Adams	1	1	1	1
H6	Berkshire Faculty Services	1	1	1	1
H7	Berkshire/Fairview Hospital Physicians	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary Care	Specialty Care	Primary Care	Specialty Care
HB	Advanced Berkshire Medical Imaging	1	1	1	1
HC	Doctor's Express Malden	1	1	1	1
HD	BHS Urgent Care Center	1	1	1	1
HE	DRX UC Worcester	1	1	1	1
HF	LRG Healthcare Franklin Regional	1	1	1	1
HG	LRG Healthcare Lakes Region	1	1	1	1
HH	Coos County Family Health Services	1	1	1	1
HI	Access Sports Medicine & Ortho	1	1	1	1
HJ	Amoskeag Women's Health	1	1	1	1
HK	Anesthesia Care Group PC	1	1	1	1
HL	Concord Otolaryngology	1	1	1	1
HM	Lakes Region Radiology	1	1	1	1
HN	Pathways Professional Association	1	1	1	1
HP	HealthFirst Family Care Center - NH	2	2	1	1
HS	Massachusetts Acute Care Specialists	1	1	1	1
HU	Urgent Care Express at Harrington	1	1	1	1
HV	UMASS - Harrington	2	2	1	1
HW	UMASS - Heywood Med Group	2	2	1	1
10	Williamstown Medical	1	1	1	1
JP	Boston Foundation for Sight	1	1	1	1
K2	Children's - PPOCI	2	2	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
L0	Child ren's - PPOC2	2	2	1	1
L8	Dana Farber Cancer Institute	1	1	1	1
L9	Norwood Independents	1	1	1	1
LA	Dana Farber Cancer Care Network	1	1	1	1
LB	Blackstone Valley Community Health Center	1	1	1	1
LV	Beth Israel Deaconess Urgent Care Center at Chestnut Hill	1	1	1	1
LD	WellOne Primary Medical and Dental Care	1	1	1	1
LE	Doctors Express - Burlington	1	1	1	1
LF	Noble Express Care	1	1	1	1
LG	Doctor's Express - New Bedford	1	1	1	1
LH	Tri-Town Community Health Center	1	1	1	1
LI	MedExpress Urgent Care PC - MA	1	1	1	1
LJ	Circle Health Urgent Care, LLC	1	1	1	1
LK	Ortho New England Group, LLC	1	1	1	1
LM	Surgical Monitoring Services Inc.	1	1	1	1
LN	X-Ray Professional Association	1	1	1	1
LO	Ammonoosuc Community Health Services	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary Care	Specialty Care	Primary Care	Specialty Care
LP	The Center for Integrative Medicine	1	1	1	1
LS	Lifespan Physicians IPA	1	1	1	1
LT	Community Physician Partners	1	1	1	1
LU	Lifespan Employed Physicians	1	1	1	1
LV	Lifespan Foundation Physicians	1	1	1	1
MS	Foundation Medical Partners	1	1	1	1
M8	HCA Parkland	1	1	1	1
M9	First Choice PHO	1	1	1	1
MB	HCA Coastal and Clipper	1	1	1	1
MC	Pain Solutions	1	1	1	1
MD	Associated Radiologists	1	1	1	1
ME	Foundation Medical Partners - MA	1	1	1	1
MG	New London PHO	1	1	1	1
MH	Cottage PHO	1	1	1	1
MI	Huggins PHO	1	1	1	1
MJ	Littleton PHO	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
ML	Speare Memorial Hospital PHO	1	1	1	1
MM	Monadnock PHO	1	1	1	1
MN	Upper CT Valley	1	1	1	1
MO	Weeks PHO	1	1	1	1
MP	Concord Allergy	1	1	1	1
MQ	Androscoggin Valley PHO	1	1	1	1
MR	Memorial PHO	1	1	1	1
MS	Valley Regional PHO	1	1	1	1
MT	Alice Peck Day PHO	1	1	1	1
MU	Four Seasons Orthopedic Center	1	1	1	1
MV	John Tomlinson CRNA	1	1	1	1
MW	Pinewood HealthCare	1	1	1	1
MX	Maine Medical PHO	1	1	1	1
MY	Southern Maine Medical PHO	1	1	1	1
MZ	York PHO	1	1	1	1
NO	Hitchcock Clinic - Lebanon	1	1	1	1
N1	Hitchcock Clinic - Nashua	1	1	1	1
N2	Hitchcock Clinic - Manchester	1	1	1	1
N3	Elliot Hospital & EPN	1	1	1	1
NS	South NH Primary Care IPA, LLC	1	1	1	1
N6	Catholic Medical Center	1	1	1	1
N7	NH Independent Providers	1	1	1	1
N8	Core Physician Services	1	1	1	1
NB	Hitchcock Clinic – Concord	1	1	1	1
NC	Hitchcock Clinic – Keene	1	1	1	1
NG	Families First Health & Support Center	1	1	1	1
NH	NH Independent Expansion	1	1	1	1
NI	Health Stop, Inc.	1	1	1	1
NJ	Pathology Specialists of New England	1	1	1	1
NK	Spectrum - NH based providers	1	1	1	1
NL	Seacoast Radiology	1	1	1	1
NM	Lakes Region Pathology	1	1	1	1
NO	Southern NH Radiology Consultants	1	1	1	1
NP	Granite State Emergency Physicians	1	1	1	1
NQ	Radiology Associates of Keene, PC	1	1	1	1
NR	Cheshire Health Services Inc.	1	1	1	1
NS	Concord Pediatrics, PA	1	1	1	1
NT	Concord Eye Center	1	1	1	1
NU	Eye Anesthesia of Concord	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
NV	Saco River Medical Group	1	1	1	1
NW	Clear Choice MD	1	1	1	1
NX	Concord Emergency Medical Associates	1	1	1	1
NY	Mid-State Health Center	1	1	1	1
NZ	Physician Associates of Rochester	1	1	1	1
P3	PCPO – MetroWest	2	2	1	1
PA	Partners Urgent Care, LLC	1	1	1	1
PB	PCPO - Harbor Medical Associates	2	2	1	1
Q1	PCPO - North Shore Integrated	2	2	1	1
Q2	PCP - Emerson Integrated	2	2	1	1
Q3	PCPO - Plymouth IPA	2	2	1	1
Qs	Nantucket Cottage	1	1	1	1
QR	Aquidneck Radiologists	1	1	1	1
RO	Harvard Vanguard Medical Associates - Copley	3/4	3/4	1	1
R1	Harvard Vanguard Medical Associates -	3/4	3/4	1	1
R2	Harvard Vanguard Medical Associates - PO	3/4	3/4	1	1
R3	Harvard Vanguard Medical Associates -	3/4	3/4	1	1
R4	Harvard Vanguard Medical Associates - Burlington	3/4	3/4	1	1
RS	Harvard Vanguard Medical Associates - Cambridge	3/4	3/4	1	1
R6	Harvard Vanguard Medical Associates - Chelmsford	3/4	3/4	1	1
R7	Harvard Vanguard Medical Associates - Medford	3/4	3/4	1	1
R8	Harvard Vanguard Medical Associates - Peabody	3/4	3/4	1	1
R9	Harvard Vanguard Medical Associates - Quincy	3/4	3/4	1	1
RA	Harvard Vanguard Medical Associates - Beverly	3/4	3/4	1	1
RB	Harvard Vanguard Medical Associates - Billerica	3/4	3/4	1	1
RC	Dedham Medical Urgent Care Center	1	1	1	1
RD	Dedham Medical Associates – Norwood	3/4	3/4	1	1
RF	GMG – Atrius Health	3/4	3/4	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
S0	Harvard Vanguard Medical Associates - Somerville	3/4	3/4	1	1
S1	Harvard Vanguard Medical Associates - Watertown	3/4	3/4	1	1
S2	Harvard Vanguard Medical Associates - Wellesley	3/4	3/4	1	1
S3	Harvard Vanguard Medical Associates - Chestnut Hill	3/4	3/4	1	1
S4	Harvard Vanguard Medical Associates - Concord	3/4	3/4	1	1
S6	CMIPA	2	2	1	1
SA	Reliant Medical Group	3	3	1	1
SB	Reliant - Southboro Medical Group	3	3	1	1
SC	South Shore Medical Center	1	1	1	1
SD	New England Dermatology	1	1	1	1
SP	Spectrum - ME based providers	1	1	1	1
T3	GMG - Granite Medical Group	3/4	3/4	1	1
T4	Memorial of Rhode Island	1	1	1	1
T6	R.I. Primary Care Phys. Corp.	2	2	1	1
T7	Barrington Pediatrics	2	2	1	1
TB	Coastal Medical	2	2	1	1
TA	Prospect Provider Group - RI	2	2	1	1
TJ	Northstar Anesthesia of MA	1	1	1	1
TK	Doctor's Express Natick	1	1	1	1
TL	Woonsocket Urgent Care	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
TM	Memorial PHO – MA	1	1	1	1
TN	Concentra Primary Care	1	1	1	1

PU#	Provider Unit	HMO		POS, EPO and PPO	
		Primary	Specialty	Primary	Specialty Care
TO	Doctor's Express	1	1	1	1
TQ	Anesthesiology Inc.	1	1	1	1
TR	Westfield Emergency Physicians	1	1	1	1
TS	North Providence Urgent Care	1	1	1	1
TT	Concentra Urgent Care MA	1	1	1	1
TU	University Otolaryngology	1	1	1	1
TV	Concentra UCC	1	1	1	1
TX	Narragansett Bay Anesthesia	1	1	1	1
U3	Women & Infants	1	1	1	1
U4	Women & Infants	1	1	1	1
U5	Kent County PHO	1	1	1	1
VO	Franciscan Pediatrics	1	1	1	1
VA	Mount Ascutney PHO	1	1	1	1
VB	Brattleboro PHO	1	1	1	1
VF	United Health Alliance - VT	1	1	1	1
W2	Lahey - Lynnfield	2	2	1	1
W3	Lahey Clinic - Lexington	2	2	1	1
WA	Winchester Physician Hospital Organization	2	2	1	1
WD	Wentworth-Douglass Hospital	1	1	1	1
WE	Concord Hospital Medical Group	1	1	1	1

Key: 1. Fee For Service 2. Shared Risk/Pay for Performance 3. Full Risk 4. Capitation 5. Percentage of Premium

Section II: Behavioral Health Providers

This section lists behavioral health providers in the Tufts Health Plan network.

Note: Some employers may choose a company other than Tufts Health Plan to manage behavioral health benefits for their workers.

Please be sure that you are covered for behavioral health services through the Tufts Health Plan network. If you aren't sure, check the back of your Tufts Health Plan ID card, read your member benefit document, login to your secure account at mytuftshealthplan.com, or check with the person in charge of health care coverage where you work, if you get your coverage through an employer.

If you need help finding a provider, call the Tufts Health Plan Behavioral Health Department at 800.208.9565. The department is available Monday through Thursday from 8:30 a.m. - 5 p.m., and Friday from 10 a.m. to 5 p.m. The call is free.

Behavioral health providers are listed in this directory in two sections. In the first section, providers are listed in categories, according to the type of provider they are or how they practice:

1. Group practice/behavioral health clinic
2. Clinical social worker (LICSW)
3. Licensed behavioral health counselor (LMHC) and licensed marriage and family therapist (LMFT)
4. Psychiatric nurse (RNCS)
5. Psychologist (PhD, EdD, PsyD)
6. Psychiatrist (MD, DO)

In the second list, they are listed alphabetically by the town where they practice. Massachusetts providers are listed first, followed by providers in other states.

Each listing shows the provider's special area(s) of practice based on information the provider has given us. (See example below.) Please note: Tufts Health Plan accepted the information as the provider submitted it and hasn't sought independent verification. Many providers may give specialized care in areas that aren't listed in the directory. For information about other provider specialties, check our online Provider Directory at tuftshealthplan.com or call our Behavioral Health Department at 800.208.9565.

Note: For members of Your Choice or Lifespan Premier Choice: Behavioral Health services received from providers in the network are not tiered. You will pay the lowest cost share (Tier 1) for all network providers.

Example:

Family Care Counseling Association

First and Second Name, Office Mgr. (Intake specialist or clinical director for behavioral health clinics and group practices only)

Specialty: 1, 3, 4, 5, 6

Springfield, MA

555-555-5555

Here is a brief description of these special areas of care. All behavioral health providers in the Tufts Health Plan network are listed in the general behavioral health section, as well as in their specialty grouping. Providers who didn't report any specialties are listed only in the general behavioral health section.

- General behavioral health providers treat people with a range of issues, including relationship, family and self-esteem issues, as well as anxiety and depression.
- Eating disorders specialists listed in this section treat people with anorexia, bulimia, or other eating disorders. They may also work with the family of a person who has an eating disorder.
- Substance use and addiction specialists treat people with alcohol, drug, and prescription drug problems. They may also work with the family of a person who has a substance-related disorder.
- Child specialists generally treat children between the ages of 3 and 12, and their families. If you want information about treatment for children under age 3, talk with your child's pediatrician or PCP, or contact our Behavioral Health Department.
- Adolescent specialists generally treat teenagers between the ages of 12 and 19, and their families.
- Geriatric specialists treat older adults and their families.

Inpatient and Intermediate Behavioral Health Services

Tufts Health Plan has created a network of hospitals to best meet plan members' needs for behavioral health care. These select hospitals are called Designated Facilities. They provide inpatient care (care in hospital) or intermediate levels of care (may be in or out of the hospital). Intermediate care includes

crisis stabilization services, acute residential treatment, partial hospital care, and intensive outpatient programs.

Your Designated Facility takes an active role in seeing that these services are available when you need them, that you can access the appropriate level of care for your situation, and that your treatment is carefully coordinated.

To receive inpatient- or intermediate-level behavioral health services-such as crisis evaluations, crisis stabilization, partial hospitalization, or intensive outpatient treatment-call a Designated Facility. Based on your plan and on your PCP, you may be assigned to a specific Designated Facility. You can check your Designated Facility assignment by calling our Behavioral Health Department at 800.208.9565, or by checking your benefits in your secure account at mytuftshealthplan.com.

Regardless of your Designated Facility, in an emergency always go to the nearest emergency room.

HMO members: You must receive inpatient or partial hospitalization behavioral health services at your Designated Facility, if you are assigned to one.

- EPO members: You must receive inpatient or partial hospitalization behavioral health services at a Designated Facility.
- POS members: You can contact any Designated Facility and will be covered at your plan's authorized level of benefits. You'll generally save money when you receive treatment in the Tufts Health Plan Designated Facility network. POS members may go to a facility outside the Tufts Health Plan Designated Facility network and will be covered at the unauthorized level of benefits. If you have this option, call our Behavioral Health Department at 800.208.9565, check your coverage in your secure account at tuftshealthplan.com, or refer to your member benefit document.
- PPO members who use the Tufts Health Plan provider network: Inpatient or intermediate behavioral health services are covered at the in-network level of benefits at a Designated Facility or any hospital in the Tufts Health Plan network. You'll save money when you obtain services at this level of coverage from any facility contracted with Tufts Health Plan. PPO members can also receive inpatient or partial hospitalization behavioral health services outside the Tufts Health Plan network. Members are responsible for notifying Tufts Health Plan of any out-of-network services before the admission. If authorized, these services will be covered at the out-of-network level of benefits, which means you pay a deductible and coinsurance. A deductible is where you pay for some health care services up to a certain amount. After you pay this amount in full, Tufts Health Plan begins to pay for your care. Coinsurance is the percentage of cost you must pay for certain covered services.

Designated facilities for members age 16 and older

This list of designated facilities can change. For the most up-to-date information about a designated facility, call the Tufts Health Behavioral Health Department at 800.208.9565.

Designated facility	Town	Phone number	Participates in Select Network
Baystate Medical Center/Franklin Medical Center	Springfield/Greenfield, MA	413.794.5555	No
Beverly/Bay Ridge Hospital	Beverly, MA	781.477.6940	Yes
Boumewood Hospital	Brookline, MA	800.468.4385	Yes
Cape Cod Hospital	Hyannis, MA	508.862.5566	Yes
Emerson Hospital	Concord, MA	978.287.3512	Yes
MetroWest Medical Center Leonard Morse	Natick, MA	508.363.9436	Yes

Designated facility	Town	Phone number	Participates in Select Network
Campus			
Norwood Hospital	Norwood, MA	800.331.2900	Yes
Providence Behavioral Health	Holyoke, MA	800.274.7724	Yes
St. Elizabeth's Medical Center	Brighton, MA	617.789.3000	Yes
UMASS Memorial Medical Center	Worcester, MA	508.334.1523	No

Note: Some PPO members use a different provider network than the Tufts Health Plan network. All PPO members should check their benefits in their secure accounts at mytuftshealthplan.com, or contact our Behavioral Health Department at 800.208.9565 to confirm which provider network they should use.

Outpatient Behavioral Health Services

- HMO or EPO members need a notification to get treatment from a behavioral health provider in the Tufts Health Plan network.
- POS members need a notification to get coverage at the authorized level of benefits. This is a higher level of coverage, and in general, will save you money.
- PPO members don't need a notification. However, they must choose behavioral health providers (including psychiatrists) in the Tufts Health Plan network to get covered services at the in-network level of benefits, a higher level of coverage. PPO members who go to providers who are not in the Tufts Health Plan network will be covered at the out-of-network level of benefits.

An outpatient behavioral health care provider that participates with Tufts Health plan is responsible for getting any approvals you may need for outpatient behavioral health and substance use disorder services by calling our Behavioral Health Department at 800.208.9565.

Hospital Behavioral Health Outpatient Departments

Check the "Participating Hospitals" or "Behavioral Health Clinics" sections of this directory for information.

How We Pay Behavioral Health Providers

We pay network providers for outpatient behavioral health care services-care outside a hospital-on a fee-for-service basis.

Fee-for-service means we pay the provider based on a set, agreed-upon fee. The fee-along with any member cost-share payment-is considered payment in full for the provider.

- HMO members assigned to a Designated Facility: We pay for most inpatient and intermediate behavioral health care services on a capitated basis. This means members are assigned to specific network hospitals for treatment, and we pay those hospitals for medically necessary care they give to our members. The amount we pay is based on the number of members assigned to use the hospital for care. (Inpatient care is care you get in a hospital; intermediate care may include care in or out of the hospital.) HMO members not assigned to a Designated Facility: We pay for inpatient and intermediate behavioral health care services on a fee for service basis.
- POS, EPO, and PPO members: We pay for most inpatient and intermediate behavioral health care services on a fee-for-service basis. Please note: Some POS, EPO, and PPO members do not get behavioral health care coverage and services through Tufts Health Plan. If this is the case for you, please contact the person in charge of health care coverage or your behavioral health benefit program to ask about how behavioral health providers are paid.

Section III: Other Service Providers

To check if you are covered for services from the providers in this section, refer to your member benefit document, log in to your secure account at mytuftshealthplan.com, or speak with the person in charge of health care coverage where you work, if you get your coverage through an employer.

This is a list of ancillary service providers, who offer a range of additional services in the Tufts Health Plan network.

- Health Maintenance Organization (HMO), Exclusive Provider Option (EPO), or Point-of-Service Option (POS) members: Your PCP will arrange for most of the covered services you might need from these providers.
- Preferred Provider Organization (PPO) members: Providers in this section are in-network providers, and their services are covered at the in-network level of benefits, a higher level of coverage.
- Your Choice and Lifespan Premiere Choice members: Network providers in this section are not tiered.

How We Pay Ancillary Service

In addition, they may participate in our network through a group that pays them in another way.

- Fee-for-service arrangement: Providers are paid for services according to an agreed-upon schedule of billing codes and fees. The fee, along with any payment from the member, such as a copay, coinsurance, and/or deductible, is considered payment in full.
- Capitation arrangement: The provider is paid a periodic, fixed fee per member to provide an agreed-upon range of services, regardless of the amount of services the member actually needs.

This chapter lists participating ancillary service providers by the type of services they provide. The main payment arrangement for these providers is fee-for-service. We encourage you to call a provider if you have specific questions about the payment he or she receives from Tufts Health Plan.

Member Discounts

Nutrition Counseling-Save 25 percent off unlimited visits with registered dietitians and licensed nutritionists in our network. This discount is separate from the medical nutrition counseling benefit described in your benefit document.

Providers in Our Network

We have direct or indirect payment arrangements with participating ancillary service providers.

Ancillary service providers often have more than one payment arrangement. For example, they may be paid according to:

- Plan type, such as HMO, POS, EPO or PPO, and
- Type of services they provide

For the most up-to-date provider information, use the provider search tool at tuftshealthplan.com.

Product Type	HMO	POS, EPO and PPO
Ambulance	1	1
Ambulatory Surgical Center	1	1
Assisted Reproductive Technology Providers	1	1
Birthing Centers	1	1
Certified Nurse Midwife	1	1
Chiropractor	1	1
Chronic Care Hospital	1	1
Clinical Specialist/Group	1	1

Product Type	HMO	POS, EPO and PPO
Coordinated Home Healthcare Organization	1	1
DME Supplier	1	1
Early Intervention Program	1	1
Family Planning Clinic	1	1
Freestanding Imaging Center	1	1
Home Rehabilitation Provider	1	1
Hospice Provider	1	1
Infusion	1	1
Inpatient Rehabilitation Facility	1	1
Laboratory	1,2	1
Limited Service Clinic	1	1
Mobile Imaging Provider	1	1
Occupational Therapist	1	1
Optometrist	1	1
Outpatient Rehabilitation Facility	1	1
Physical Therapist	1	1
Prescribing Psychiatric Nurse Clinical Specialist	1	1
Registered Dietician	1	1
Renal Dialysis Unit	1	1
School Based Health Center	1	1
Skilled Nursing Facility	1	1
Speech and Hearing Audiologist	1	1
Visiting Nurses Association	1	1

Key: 1. Fee For Service 2. Capitation