

TUFTS UNIVERSITY MAINTENANCE CHOICE PHARMACY PROGRAM



Long-term prescriptions, sometimes known as “maintenance medications,” must be purchased at either a CVS Pharmacy or through the CVS Caremark Mail Order program for a 90-day supply. You’ll pay the same copayment and save whether you receive your prescription at a retail CVS Pharmacy or through the CVS Caremark Mail Order program*.

Here’s how to set up your Maintenance Choice long-term prescriptions:

- ▶ If you order a 90-day supply by mail, you’ll get the savings of 90-day refills and the convenience of doorstep delivery. To choose this option, just call CVS Caremark toll-free at 888.424.6618.
- ▶ If you want to pick-up your 90-day supply at a CVS pharmacy, you’ll still get the 90-day supply savings. For this option, just bring your prescription to a CVS pharmacy or ask your doctor’s office to call it in.

Please note:

- ▶ Thirty-day supplies of maintenance medication will be covered at any pharmacy for the initial fill and one refill. After two refills, you must use a CVS Pharmacy or the mail order program; otherwise you will pay the full cost of the prescription.

What Can You Do Now?

If you are currently taking a maintenance medication and you get a 90-day supply at CVS pharmacy or through the CVS Caremark Mail Order program, no action is required by you. Just be sure your current Tufts Health Plan member ID number is on record.

If you are taking a long-term medication and currently pick up your prescription every 30 days, simply ask your doctor for a 90-day prescription to be sent to either CVS Pharmacy or CVS Caremark Mail Order.

What About Short-Term or Specialty Medications?

You may pick up 30-day supplies of newly prescribed medications or short-term medications at any retail pharmacy. Short-term prescriptions include antibiotics or other medications you would only refill once.

Note: The Maintenance Choice program does not apply to specialty pharmacy prescriptions.

- ▶ Questions about the Maintenance Choice Pharmacy Program, call our Pharmacy Benefit Manager, CVS Caremark at 888.424.6618.
- ▶ Questions about your Tufts University Health Plan, call the dedicated Member Service Representative at 844.516.5790 or visit tuftshealthplan.com/tuftsuniversity.

*Savings on a 90-day copayment for a 90-day supply for tier 1 and 2 medications; no savings on tier 3 medications.



Tufts Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Por servicio de traducción gratuito en español, llame al número de su tarjeta de miembro. 若需免費的中文版本，請撥打ID卡上的電話號碼。

Member Services: 844.516.5790 | CVS Caremark: 888.424.6618
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