Point32Health

2023 Benefits Open Enrollment

Effective January 1



Agenda

- 2023 Changes/Enhancements
- Benefits Eligibility and Enrollment
- How To Enroll Workday
- Benefit Plan Review and 2023 Rates
- Additional Information and Wrap-up

Highlights

Welcome to Point32Health's 2nd Open Enrollment!

Enrollment Dates:

Tuesday, Nov. 1 – Tuesday, Nov. 15

Coverage Effective:

Jan. 1, 2023

Passive enrollment:

Medical, Dental, Vision, Supplemental Life, Disability, Voluntary Benefits

Active enrollment (Action Needed):

FSA and/or HSA

Employee Benefits Site https://Point32Health.org/EmployeeBenefits



2023 OPEN ENROLLMENT



ON SITE

OPEN ENROLLMENT FAIR







VIRTUAL OPEN ENROLLMENT FAIR

Speak in person with Attend a virtual benefit fair vendors to learn more about the many benefits information about your offered in 2023. 2023 benefits.

Learn More Attend the Fair

Learn More

PRESENTATION

View the Point32Health

2023 Benefits Open

Enrollment presentation

below, or explore 2023

medical plan options by

viewing this presentation.

OPEN ENROLLMENT CHOOSE YOUR BENEFITS

Use Workday to select your benefits. Access Workday from home using your network ID and password. On the company network? Use the Enroll Now button below. Enrollment begins Nov. 1, 2022.

Enroll Now

Medical Plans

2023 benefit information



Member Guides

In our new 2023 Member Guides, you will find a benefit summary, provider network information, member perks, and more.

Harvard Pilgrim Member Guide
Tufts Health Plan Member Guide

Overview of Point32Health 2023 Medical Plans

MyHealthMath

Selecting benefits can be overwhelming. Use Decision Doc by MyHealthMath to help you determine which benefits are the best fit for you and your family.

Get Started

EXPLORE YOUR 2023 BENEFIT INFORMATION





TUFTS

Harvard Wagrim Health Care





MEDICAL

Medical Plans
Medicare & Social Security

HEALTH + WELLNESS

Dental
Employee Assistance
Program
FSAs
Vision
Well-being Program
Wellthy

FINANCIAL WELL-BEING

401(k) Retirement Plan Adoption Disability Group Legal Identity Theft Life Insurance

VOLUNTARY BENEFITS

Back Up Care Commuter Employee Perks Tuition Program UNUM Voluntary Benefits

Visit the Point32Health Employee Benefits site at http://point32health.org/EmployeeBenefits

2023 Changes/Enhancements

Plan	Change	Impacts?
Pharmacy Coverage	CVS Caremark to OptumRx	Colleagues enrolled in a Tufts Health Plan medical plan prior to 1/1/23.
Wellthy	New benefit	Wellthy provides personalized support to help you tackle the logistical and administrative tasks of caring for the ones you love, including yourself.
Dental	Added night guards to coverage	Standard and high dental plans
Life Insurance	Removed Age Reduction Schedule	Basic and Supplemental Coverage for anyone age 70+. Any colleague coverage currently reduced will be automatically updated effective January 1, 2023.

2023 Benefit Overviews

How to learn more? Go to https://wellablewellness.wixsite.com/point32health

Participate in the virtual benefits fair where representatives from our benefit carriers will provide an in-depth review of the following benefits:

Benefit	Provider
Medical	Tufts Health Plan and Harvard Pilgrim Health Care
Pharmacy	OptumRx
Dental	Delta Dental of Massachusetts
Vision	EyeMed
FSA	Wex – Discovery Benefits
401(k)	Fidelity
Life & Disability & Voluntary Benefits	Unum
Caregiver Service	Wellthy
EAP	KGA

For more information and to join a live session, go to https://wellablewellness.wixsite.com/point32health
Invite family members to join too!

Visit the Point32Health Employee Benef

Benefits Eligibility & Enrollment

Eligibility

All Benefits

Regular colleagues working 20+ hours/week

Dependents

- Spouse/Domestic Partner or Children/Children of Domestic Partner (considered eligible dependents through the end of the month they reach age 26)
- Ex-spouses are NOT eligible to be covered

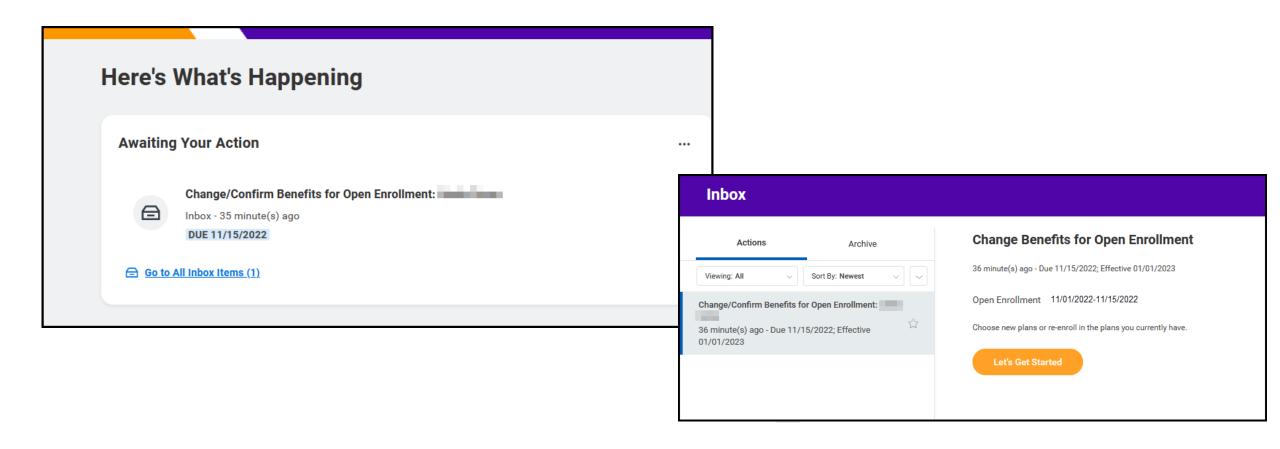
Event	Coverage Effective Date	Enrollment Period
New Hire	Date of Hire	30 days
Qualifying Life Event	Life Event Date	30 days
Open Enrollment	January 1	November of preceding year



How to Enroll in Your 2023 Benefits

How to Enroll in Benefits in Workday

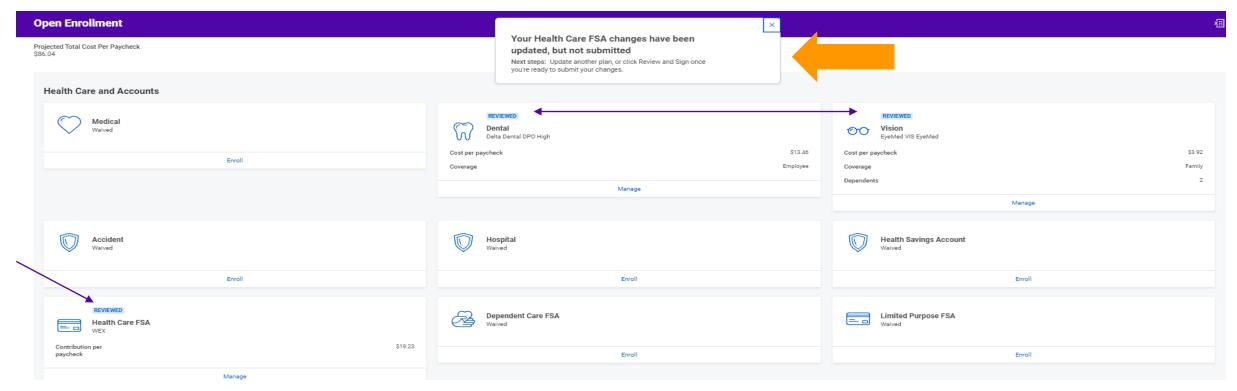
Look at your Workday Inbox beginning Nov. 1. The task will remain until you submit your elections or the Open Enrollment period closes on Nov. 15.



How to Enroll in Benefits in Workday

Each benefit election will display in separate tiles. Click "Enroll" for each benefit you would like to enroll in or review current coverage and dependents.

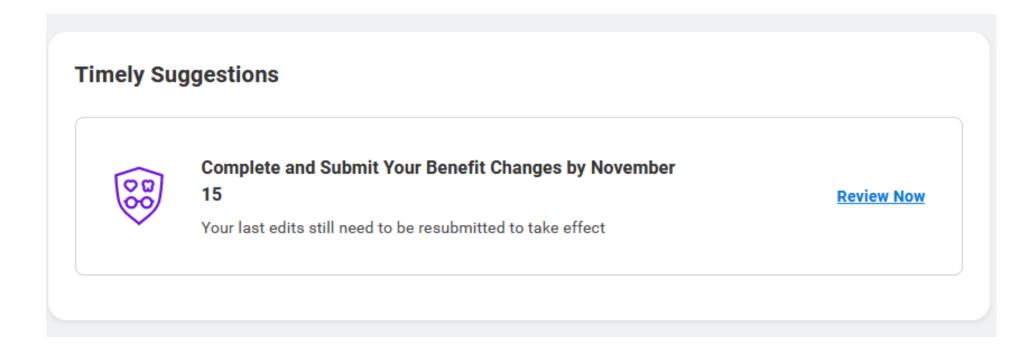
The coverage level you select for medical can be different for dental and vision, etc. Once you click Enroll on a plan type, "Reviewed" will appear indicating the plans you either reviewed and made no changes, or changed your election.



A reminder will also appear that you must "Submit" your elections for the change to be saved.

Workday Tip

If you see this Suggestion in Workday, you have not submitted your enrollment elections. Any changes you make will not be in effect for Jan. 1 if you do not Submit your Open Enrollment elections by November 15.



Point32Health Benefits Offerings

Benefit Type			Employee pays premium	How to enroll, make changes or cancel
Medical/Prescription	No, if already enrolled	Yes* - portion	Yes* - portion	
Dental	No, if already enrolled	Yes* - portion	Yes* - portion	
Vision	No, if already enrolled	No	Yes	
Basic Life and AD&D	No – for 1x base salary coverage	Yes	No	Workday
Optional Employee Life and AD&D	No, if already enrolled Otherwise EOI	No	Yes	
Short- and Long- term Disability	No – for 60% income replacement	Yes	No	
Short-term Disability Buy-up	No, if already enrolled	No	Yes	

^{*}You and Point32Health each contribute to the premium

Point32Health Benefits Offerings

Benefit Type	Enrollment required to participate for 2023?	Company pays premium	Employee makes contributions/pays premium	How to enroll, make changes or cancel
Wellthy - NEW!	No	Yes	No	N/A
Flexible Spending Accounts (FSA)	Yes	No	Yes	Workday
Commuter (Transit and Parking) Benefit with Subsidy	Yes	No**	Yes	Wex
Voluntary Benefits (options are on upcoming slide)	No, if already enrolled	No	Yes	Workday or vendor

^{**} Point32Health subsidizes 75% of your pre-tax cost of a transit pass or parking up to the IRS annual maximum allowed of \$280. The IRS regulates eligible expenses. Ensure you are using Commuter funds for eligible expenses for travel to or parking for Work only.

Do not discard your current insurance ID cards until claims for the current plan year are complete.

Benefit	New ID Card?
Medical	Tufts Health Plan enrollees and New enrollees or if making a change to your current plan
Dental	New enrollees or if making a change to your current plan
EyeMed	New enrollees only
HSA	New enrollees only (unless current card is set to expire)
FSA	New enrollees only (unless current card is set to expire)



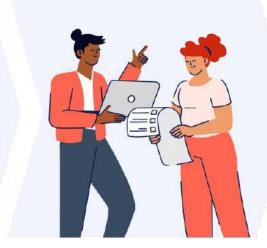
Benefit Plan Review

Wellthy

Available to all benefit eligible employees

Supporting every moment along the journey







Care Dashboard

Helping members plan and learn

Comprehensive care planning tools and resources in one centralized, accessible place

Care Concierge

Helping members get things done

Dedicated, hands-on support from experts who get to know each family and tackle their to-dos

Wellthy Community

Helping members feel less alone

Peer-to-peer platform where family caregivers can find support and exchange knowledge



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Medical Plan Options

Plan Name	Who can enroll?*	Type of Coverage			
Your Choice EPO	Colleagues with a home state of CT, MA, ME, NH, RI or VT	In-network	Limited OON for urgent care/ emergencies only		
Your Choice PPO	Colleagues with a home state of CT, MA, ME, NH, RI or VT	In-network	Out-of-network		
Advantage PPO Saver	Colleagues in any state	In-network	Out-of-network		
Best Buy HMO HRA	Colleagues in certain zip codes in CT, MA, ME, NH, RI or VT	In-network	Limited OON for urgent care/ emergencies only		
Best Buy HMO HSA	Colleagues in certain zip codes in CT, MA, ME, NH, RI or VT	In-network	Limited OON for urgent care/ emergencies only		
Best Buy PPO HSA	Colleagues in any state	In-network	Out-of-network		

^{*}Your Open Enrollment event in Workday will display the options available to you based on your home address.

Medical Plan Summary

Tufts Health Plan Your Choice EPO	Tufts Health Plan Your Choice PPO	Tufts Health Plan Advantage PPO Saver (HDHP)	Harvard Pilgrim Best Buy HMO HRA	Harvard Pilgrim Best Buy HMO HSA (HDHP)	Harvard Pilgrim Best Buy PPO HSA (HDHP)
PCP required	No PCP required	No PCP required	PCP required	PCP required	No PCP required
Referrals required	No Referrals required	No Referrals required	Referrals required	Referrals required	No Referrals required
Co-pay based on Tier of provider	In-network co-pay based on Tier of provider	In-network coverage subject to deductible: \$1,500 Individual \$3,000 Family	In-network coverage subject to deductible: \$1,500 Individual \$3,000 Family	In-network coverage subject to deductible: \$1,500 Individual \$3,000 Family	In-network coverage subject to deductible: \$1,500 Individual \$3,000 Family
Out-of-network coverage for Emergency and Urgent Care only	Out-of-network coverage at 80% after deductible: \$1,500 Individual \$3,000 Family	Out-of-network coverage at 80% after deductible: \$1,500 Individual \$3,000 Family (Deductible cross accumulates for in- and out-of-network)	Out-of-network coverage for Emergency and Urgent Care only	Out-of-network coverage for Emergency and Urgent Care only	Out-of-network coverage after deductible: \$3,000 Individual \$6,000 Family (Deductible DOES NOT cross accumulate for in- and out-of- network)

Get Help To Decide Which Plan Is Right for You

Decision Doc by MyHealthMath



MyHealthMath.com/Point32Health2023

- MyHealthMath is an online benefits decision support tool.
- The medical plan options are compared based on how you respond to some key questions some requiring personal information.

Your personal information is not stored.

The plans are ranked and then you decide which plan is right for you.

SmartStart



866-874-0817 or e-mail smartstart@point32health.org
M, T, Th, F 8:30 a.m. – 5 p.m. and W 10 a.m. – 5 p.m. ET

- SmartStart is a pre-enrollment phone line for member decision and clinical support.
- Call if you are enrolling in a Point32Health plan for the first time or are considering changing from a heritage Tufts Health Plan to a heritage Harvard Pilgrim Health Care plan or vice versa.

These are not enrollment tools. To complete your elections, you must enroll in Workday.

Prescription Drug Coverage

	Tufts Health Plan	Harvard Pilgrim Health Care		
Pharmacy Benefit Manager	OptumRx	OptumRx		
Tier Structure	Premium 3-Tier Formulary with Low-cost Generics List	Value 5-Tier Formulary Low-cost Generics in Tier 1		
Days Supply	30 day at retail (participating pharmacies) 90 day mail at retail or home delivery (maintenance medications only)			
Preventive Drug Benefit (Applies to HSA plans only)	Advantage PPO Saver Best Buy HSA PPO or HMO			
Deductible/Out-of-Pocket Max	Applies to medical and pharmacy			
Specialty Pharmacy	OptumRx Pharmacy (New for	both THP and HPHC plans)		



Prescription drug coverage is automatically included when you enroll in a Point32Health medical plan. You cannot make a separate election for prescription drug coverage if you are not enrolled in a Point32Health medical plan.

Learn more details about medical and pharmacy

Attend one of the following virtual sessions

Date	Time
Tuesday, Nov. 1	1:00-2:00 p.m.
Monday, Nov. 7	2:00-3:00 p.m.
Tuesday, Nov. 15	12:00-1:00 p.m.

To register, go to https://wellablewellness.wixsite.com/point32health

Medical Plan Bi-weekly Rates

		Tufts He	alth Plan			
	Your Che	oice EPO	Your Choice PPO			
		Employee				
Annual Salary	Company Pays	You Pay	Company Pays	You Pay		
\$64,999 and under	\$332	\$58	\$342	\$86		
\$65,000 to \$129,999	\$303	\$87	\$301	\$127		
\$130,000 and up	\$252	\$137	\$256	\$172		
		Employee + Child(ren)/DP Child(ren)			
Annual Salary	Company Pays	You Pay	Company Pays	You Pay		
\$64,999 and under	\$630	\$111	\$651	\$163		
\$65,000 to \$129,999	\$577	\$163	\$572	\$241		
\$130,000 and up	\$481	\$259	\$490	\$324		
	Employee + Spouse/Domestic Partner					
Annual Salary	Company Pays	You Pay	Company Pays	You Pay		
\$64,999 and under	\$695	\$123	\$719	\$180		
\$65,000 to \$129,999	\$639	\$180	\$633	\$266		
\$130,000 and up	\$531	\$287	\$541	\$359		
-		Far	mily			
Annual Salary	Company Pays	You Pay	Company Pays	You Pay		
\$64,999 and under	\$1,061	\$187	\$1,097	\$274		
\$65,000 to \$129,999	\$972	\$275	\$966	\$405		
\$130,000 and up	\$810	\$437	\$823	\$548		

Rate Setting Approach:

- Your Choice plans are based on salary band and coverage tiers.
- High deductible plans are based on coverage tier only.
- Employee + Child(ren) tier includes any number of children up to age 26.

	Tufts He	alth Plan	Harvard Pilgrim Health Care					
	Advantage	PPO Saver	Best Buy	Best Buy HRA HMO		Best Buy HSA HMO		HSA PPO
Coverage Tier	Company Pays	You Pay	Company Pays	You Pay	Company Pays	You Pay	Company Pays	You Pay
Employee	\$309	\$64	\$376	\$82	\$363	\$70	\$368	\$76
Employee +								
Child(ren)/								
DP Child(ren)	\$552	\$155	\$773	\$232	\$749	\$199	\$759	\$214
Employee + Spouse/								
Domestic Partner	\$610	\$172	\$844	\$252	\$818	\$217	\$828	\$234
Family	\$930	\$262	\$1,020	\$304	\$988	\$263	\$1,000	\$283

Accounts to Support Health Benefits - Eligibility

* >	Health Reimbursement Arrangement (HRA)	Health Savings Account (HSA)	Limited Purpose FSA	Healthcare FSA	Dependent Care FSA
Who Is eligible?	The account is automatically set up for members enrolled in the Best Buy HRA HMO plan	Point32Health High Deductible Health (HDHP) Plans: • Advantage PPO Saver • Best Buy HMO HSA • Best Buy PPO HSA		All colleagues working 20+ hours per week who are NOT enrolled in a high deductible health plan (HDHP)	All colleagues working 20+ hours per week

Health Reimbursement Arrangement (HRA)



The account is automatically set up for members enrolled in the Best Buy HRA HMO plan

- Point32Health will fund an annual contribution of \$500 for employee only coverage, or \$1,000 for family coverage into the HRA. The funding will be made by the first pay period the month following enrollment.
- HRA funds become available once the Point32Health contribution is made.
- The HRA funds can only be used for HealthEquity to reimburse providers directly for your (and your eligible dependents) qualified medical expenses that apply toward the deductible.
- Unused HRA funds rollover from year to year provided enrollment remains in the Best Buy HRA HMO plan.
- If you leave Point32Health or change medical plans, any remaining funds will be forfeited.

Health Savings Account (HSA) Bank Account

Point32Health Annual Contribution

\$500 Employee Only \$1,000 Family



Administrators: **Bend** (Tufts Health Plan) or **HealthEquity** (Harvard Pilgrim Health Care)



Your Contribution

You can contribute up to: \$3,850 Employee only \$7,750 Family

Pre-tax from your paycheck

If age 55+ you can contribute an additional \$1,000/year

Colleagues who enroll in Point32Health High Deductible Plans are eligible for a Health Savings Account.

Tax Trifecta – goes in tax free, grows tax free and you can make tax free withdrawals for qualified expenses

- Point32Health will fund an annual contribution of \$500 for employee only coverage, or \$1,000 for family coverage into the Health Savings Account (HSA). The funding will be made by the first pay period the month following enrollment. HSA employer contributions become available once the Point32Health contribution is made.
- You can also contribute biweekly pretax payroll contributions into your Health Savings Account. Point32Health funding counts toward the annual maximum set by the IRS. The minimum annual contribution is \$100.
- The IRS allows changes to your HSA contribution election up to once per month.
- Once you successfully set up your Health Savings Account with either Bend or HealthEquity, You will receive a home mailing including a debit card with instructions to activate the debit card.
- Use the funds in your HSA to pay for qualified medical, prescription, dental and vision expenses for yourself and/or covered tax qualified dependents. Funds can also be used tax-free to pay medical expenses in retirement. You can also invest amounts over \$1,000 with Bend, or \$2,000 with HealthEquity.
- Account balances roll over and are accessible when you leave Point32Health or change medical plans.

Limited Purpose Flexible Spending Account (FSA)



Colleagues who enroll in one of the three Point32Health High Deductible Plans are eligible to elect a Limited Purpose FSA. The IRS allows a Limited FSA to pair with a Health Savings Account.

- You may contribute biweekly pre-tax payroll contributions into your account to pay for eligible <u>dental or vision</u> expenses only for yourself and/or covered qualified dependents.
- The entire annual election amount you elect will be available as soon as administratively possible once you have completed your enrollment elections in Workday. You will receive a home mailing from Wex including a debit card with instructions to activate the debit card.
- The IRS does not allow changes to your election unless a mid-year IRS eligible qualifying life event occurs.
- FSA plans are considered "Use it or lose it" There is a 2½-month carryover provision where pre-tax payroll contributions made in 2023 may be used for claims incurred through March 15, 2024. All claims must be submitted by April 30, 2024.

^{**}Any funds left in the FSA account after April 30, 2024, will be forfeited.**

Healthcare Flexible Spending Account (FSA)



Colleagues who are <u>not</u> enrolled in one of the three Point32Health High Deductible Plans (or are <u>not</u> enrolled in a High Deductible plan outside of Point32Health) are eligible to elect a Healthcare FSA

- You may contribute biweekly pre-tax payroll contributions into your account to pay for qualified medical, prescription, dental and vision expenses for yourself and/or covered qualified dependents.
- The entire annual election amount you elect will be available as soon as administratively possible once you have completed your enrollment elections in Workday. You will receive a home mailing from Wex including a debit card with instructions to activate the debit card.
- The IRS does not allow changes to your election unless a mid-year IRS eligible qualifying life event occurs.
- FSA plans are considered "Use it or lose it" There is a 2½-month carryover provision where pre-tax payroll contributions made in 2023 may be used for claims incurred through March 15, 2024. All claims must be submitted by April 30, 2024.

^{**}Any funds left in the FSA account after April 30, 2024, will be forfeited.**

Dependent Care Flexible Spending Account (FSA)



- You may contribute biweekly pre-tax payroll contributions into your account to reimburse yourself for eligible
 expenses for child (for children up to age 13) or care of a parent incurred so you and your spouse can work.
- Funds become available in the account as your biweekly payroll contributions are made.
- You will receive a home mailing from Wex including a debit card with instructions to activate the debit card.
- The IRS does not allow changes to your election unless a mid-year IRS eligible qualifying life event occurs.
- FSA plans are considered "Use it or lose it" There is a 2½-month carryover provision where pre-tax payroll contributions made in 2023 may be used for claims incurred through March 15, 2024. All claims must be submitted by April 30, 2024.

Any funds left in the FSA account after April 30, 2024, will be forfeited.

*Point32Health subsidizes the 1st biweekly contribution for colleagues with annual salary less than \$70,000.

Delta Dental Plans Standard and High Options

- PPO Network and Premier Network dentists offer discounted fees for their services that are passed along to you.
- You will receive the greatest savings when you receive your dental care from a Delta Dental PPO dentist, as they
 agree to accept deeper discounted fees.
- You can choose to see a dentist that is not in either network and receive coverage. However, you are also responsible for the difference between the non-participating dentist's fee and the maximum plan allowance.

Coverage Tier	Bi-weekly Pre-tax Rate		
Ooverage rici	Standard	High	
Employee	\$5.57	\$13.46	
Employee + Child(ren)/DP Child(ren)	\$12.73	\$29.36	
Employee + Spouse/Domestic Partner	\$13.36	\$30.83	
Family	\$22.27	\$51.38	

Confidential. Please do not distribute.

Delta Dental Options

Standard Option	High Option
100% coverage for Diagnostic & Preventive CareExams, cleanings, X-rays	100% coverage for Diagnostic & Preventive CareExams, cleanings, X-rays
80% coverage for Restorative Care Fillings	90% coverage for Restorative CareFillings
50% coverage for Major Restorative CareDentures, bridges, implants	60% coverage for Major Restorative CareDentures, bridges, implants
Orthodontia\$1,500 lifetime max per member	Orthodontia • \$2,000 lifetime max per member
Rollover Max: \$500	Rollover Max: \$600
Calendar Year Max: \$1,500 (per family member)	Calendar Year Max: \$2,000 (per family member)

"Rollover Max" allows a \$500/\$600 rollover of unused yearly benefit in one year to increase the benefit for the following year and beyond

To qualify:

- · Yearly claims must include one oral exam or cleaning
- Total yearly claims not to exceed \$700/Standard Plan and \$800/High Plan.

EveMed Vision Plan - Materials Only

Benefit	In-network Co-pay/Discount
Annual comprehensive exam	\$20 co-pay Included as a medical plan benefit
Lenses for glasses: Once every plan year Standard plastic and polycarbonate, available every plan year	\$25 co-pay for single, bifocal, trifocal, lenticular, standard progressive and premium progressive lenses
Frames: Once every plan year Freedom Pass is a special offer that goes above and beyond frame allowance. Choose most frames at LensCrafters or Target Optical and pay nothing.	\$0 co-pay, \$180 allowance, 20% off balance over \$180
Contact lenses: Once every plan year (Plan allows member to receive either contacts and frame, or frames and lens services)	\$0 co-pay, \$180 allowance, 15% off balance over \$180

Coverage Tier	Bi-weekly Pre-tax Rate	
Employee	\$1.33	
Employee + Child(ren)/DP Child(ren)	\$2.53	
Employee + Spouse/Domestic Partner	\$2.67	
Family	\$3.92	

Disability Plan Unum

	Short-Term Disability		Long-Term Disability*	
	Core Benefit: Company Paid	Buy-up: Employee Paid	Core Benefit: Company Paid	
Benefit	60% of salary	66.67% of salary**	60% of salary with tax choice option	
Elimination Period	7 days		26 weeks	
Benefit Duration	26 weeks The payment portion is the Benefit Duration minus the Elimination Period.		Benefits are payable for the period during which you continue to meet the definition of disability.	

What is tax choice?

It gives you the option to pay taxes upfront on the value of the benefit now, so in the event you transition to the LTD benefit, it will be non-taxable.

^{*}Review the Plan documents for specifics, as there are also age provisions.

^{**}Only available if annual salary is below \$216,000

Life and AD&D Insurance Unum

	Life			
		EOI Required?	AD&D*	
Core Benefit to \$1M Company Paid	1x Annual Salary rounded to next \$1,000	No	1x Annual Salary rounded to next \$1,000	
Optional Employee Life (Self) Guaranteed Issue (GI) to 3x/\$750,000	1x-5x Annual Salary up to \$1.5 million	Yes, new enrollments or increases in coverage**	\$10,000-\$1.0 million in \$10,000 increments up to lesser of 10x annual salary or \$1.0 million	
Supplemental Life (Spouse) Guaranteed Issue (GI) to \$30,000	\$10,000-\$600,000 in \$10,000 increments	Yes, for new enrollments or increases in coverage**	N/A	
Supplemental Life (Child)	\$5,000 or \$10,000	No	N/A	
Family	N/A	N/A	\$10,000 to \$1.0m in \$10k increments up to lesser of 10x annual salary or \$1.0 million	

^{*}EOI (Evidence of Insurability) is not required for AD&D

^{**}EOI process will start once your open enrollment event closes - check *Announcements* section in Workday to get started

Voluntary Benefits – Employee-Paid

Plan	Carrier	Enrollment/Billing Method	Enrollment Period
ID Theft	IDWatchdog	Workday/payroll deductions	Anytime
Accident			
Critical Illness	Unum	Workday/payroll deductions	Open Enrollment, New Hire or Qualifying Life Event
Hospital Indemnity			
Legal	Arag	Workday/payroll deductions	Open Enrollment, New Hire or Qualifying Life Event
Auto Insurance Home Insurance	Liberty Mutual	Contact Liberty Mutual/payroll deductions	Anytime
Pet Insurance	Nationwide	Contact Nationwide/home bill	Anytime
Commuter Benefits	Wex	Wex/payroll deductions	Anytime

For more information, including rates, go to Point32Health.org/EmployeeBenefits



Additional Benefits

401(k) Retirement Plan: Overview Fidelity

- You can contribute from 1-60% in full increments in traditional pre-tax and/or Roth after-tax:
 - 2023 IRS max totals:
 - \$22,500
 - \$30,000 if age 50 or above in 2023
- Company match:
 - 100% on first 3% of employee contributions, 50% on next 2%
 - Consider contributing at least 5% in order to receive the full 4% Point32Health match
- Your vesting in Point32Health contributions grows over the first three years of your employment. Graded vesting at 33 1/3% each year.
 - Vesting is based on hire/service date
- You are always 100% vested in your own contributions. You are 100% vested in Point32Health's matching contributions and any earnings after three years of service.

401(k) Retirement Plan Fidelity

Ongoing Participants

- Automatic Increase Program
 - Automatically increases employee contribution rate by 1% on an annual basis (in March) up to 10%

Make changes anytime or ask questions:

- www.NetBenefits.com/AtWork
- Call Fidelity at 800-343-0860
- Dan Shea Workplace Financial Consultant
 - E-mail: <u>Daniel.Shea@fmr.com</u>
 - Web-site to schedule a 1:1 meeting: www.Fidelity.com/Schedule

Employee Assistance Program KGA – A free, confidential program





Who's Eligible?

You and adult household members age 18 and above

Did you know?

Anyone eligible is able to receive 5 free phone or video counseling sessions.

Do you prefer texting?

Text-based counseling (one week of back and forth = 1 session) is available too!

On-line book shelf – covers many topics (2 free books/year)

How do I get started?

Call: 800-648-9557

Visit: My.KGALifeServices.com

Use Company Code: p32h

Email: info@kgreer.com

App: KGA Mobile

How can KGA help?

You have free and confidential access to support in these areas:

- Emotional Health
- Parenting
- Care for parents
- Nutrition Consult
- Legal Consult

- Financial Consult
- Convenience Services

Well-being Benefits 🚓

Well-being Programs – Review the information found on the Wellbeing Program Page: https://intranet.point32health.org/home/life/well-being-program

Fitness – Canton and Quincy locations

- On-site and virtual memberships/classes
- Fitness Assessments, Personal Training
- Recreation Leagues and Incentivized Challenges

Health Center – Canton

- On-site and virtual services available
- Well/Sick visits, flu clinics, travel assessments

Wellness Rewards

- ❖ IncentFit Earn up to \$25 per month for participating in healthy activities
- Limeade Earn up to \$120 annually in gift cards for participating in wellness activities

Additional Benefits administered by Bright Horizons

Tuition Program

Find program details on Employee Benefits site

Enhanced Family Supports

- Back up care (child, parents, pets)
- College Coach
- Sittercity access to discounts for sitters, housekeepers and more!







Go to: clients.brighthorizons.com/Point32Health

Additional Benefits

Review more information on Compass

- New Parent Time
- Adoption Subsidy
- New Parent Rooms

Review more information on the Employee Benefits site

- Discount Programs
 - BJ's Wholesale Club
 - Working Advantage
 - And more found on Employee Perks page!

Beneficiaries



ALWAYS keep your beneficiaries up to date, especially if you experience a life event:

- Marriage add your new spouse
- Divorce change your beneficiary (unless mandated by divorce decree)
- Birth/Adoption add your children as beneficiaries
- Death of family member update your designations

Don't forget to designate your beneficiaries for your 401(k) and HSA too! These are separate designations.

Open Enrollment Checklist 🔁

- Is action required? Maybe?

 Action is required for FSA and/or HSA or if you want to change your medical, dental or vision and optional life or voluntary benefit options
- Research your plan options
 - Attend virtual informational sessions
 - Use medical support tools (MyHealthMath Decision Doc, SmartStart)
 - Review plan documents
- ✓ Log in and complete your elections in Workday by 11:59 p.m. ET on Tuesday, Nov. 15
- ✓ Enter covered dependents SSN
- Ensure your beneficiaries are up to date
- Complete EOI, if applicable

Enrollment & Questions

Have additional questions?

Email Benefits-HR@point32health.org with Open Enrollment in the subject line

Reminder:

Enroll, review or make changes in Workday