TUFTS Health Plan

TELEHEALTH

No Driving, No Waiting Room, No Cost

Telehealth Virtual Health Care Provided by Teladoc® Are Available 24/7 Worldwide — by Phone, Web or Mobile App

When you or your dependants need non-emergency care, use Telehealth to save time and money.
You can even receive your prescription at your local pharmacy when medically necessary

- Connect with a U.S. board certified doctor for everyday care, anywhere in the world in less than 15 minutes
- Schedule a session with a therapist or psychiatrist to get confidential support that fits your needs and schedule
- Access a dermatologist in less than 48 hours for common skin conditions such as psoriasis or eczema

Set Up Your Account With Your Member ID Card at

tuftshealthplan.com/Teladoc

Our Members Love Telehealth

Worldwide 24/7 Access to care

92% of patients' visits are resolved the 1st visit

95% member satisfaction

Over 40 million members

NEW! Access Telehealth Right from Our Mobile App

With the push of a button, our Tufts Health Plan mobile app now connects you directly to Teladoc doctors. Download the app and Tap "Telehealth by Teladoc" on the app home screen to request a 24/7 visit with a Teladoc doctor.

"It was GREAT!!!

I did it at home at 8pm in my jammies! The app is super easy... I am nothing but happy with it."

HEATHER ANDREWS
- Tufts Health Plan Member [2]

In the case of an emergency, please call 9-1-1 or visit the nearest emergency department. Telehealth virtual health care services (provided by Teladoc®) are available to Tufts Health Plan commercial members (not including Tufts Health Direct). There will be no cost share or copay for Teladoc services to employer-sponsored groups that have this benefit and have not opted out; cost share may apply to some self-insured groups. If you're not sure whether your plan includes Telehealth by Teladoc please ask your employer. Your regular health care providers may also offer virtual health care services to you – please contact them directly for additional details. Cost share applies.

This testimonial reflects this individual's experience and experiences may vary. Statistics are provided by Teladoc® and not verified by Tufts Health Plan

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