



MEMBER PORTAL + MOBILE APP

Quickly Access
Your Benefits



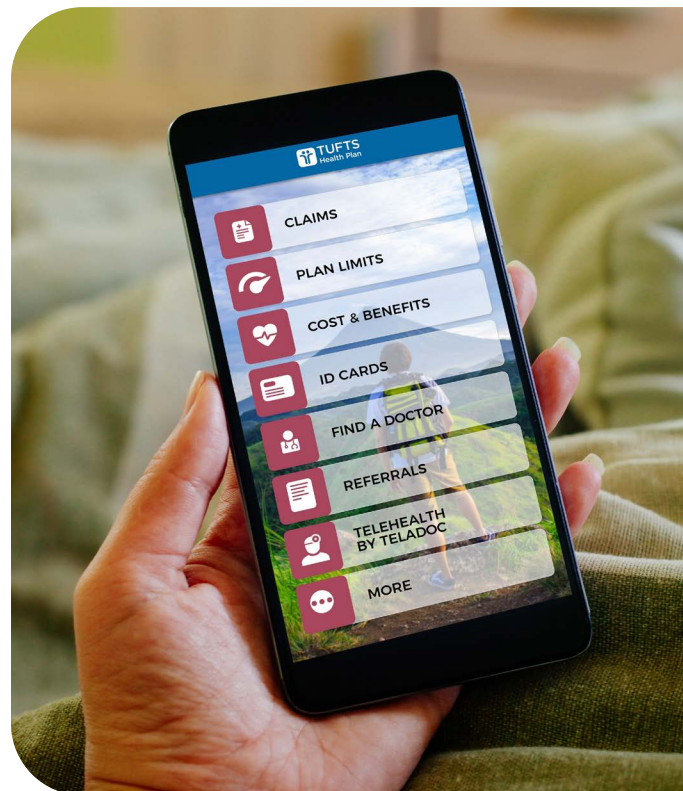
Login or activate your secure online account at mytuftshealthplan.com or via Tufts Health Plan mobile app¹, to quickly and securely access your health plan benefits information.

- Understand your coverage and costs
- Check your claims, referrals, and authorization
- View plan limits, including your out-of-pocket costs
- Find a doctor or a hospital
- Select or change your Primary Care Provider (PCP)
- Estimate your costs
- **NEW!** Talk to a Teladoc® doctor 24/7 at no cost
- Access health and wellness resources
- View your ID card and tax forms



**ACTIVATE YOUR SECURE
ACCOUNT NOW**

- Visit mytuftshealthplan.com OR
- Download the “Tufts Health Plan” mobile app



¹Does not apply to Tufts Health RItogether plans. There will be no cost share or copay for Teladoc services to employer-sponsored groups that have this benefit and have not opted out; cost share may apply to some self-insured groups. If you're not sure whether your plan includes Telehealth by Teladoc please ask your employer. Cost share applies for general tele-medicine services via your regular health care provider.