

SAVE THE EMERGENCY ROOM (ER) FOR EMERGENCIES!

EMERGENCY ROOM

ER COPAY = \$100 (WAIVED IF ADMITTED)



DOCTOR'S OFFICE

PCP COPAY = \$0



If it's not an emergency, you should call your Primary Care Provider (PCP). You could save a \$100 co-pay by going to your PCP instead of the ER.

Your PCP can help you decide where to go for the care you need.

Call 911 or go to your nearest hospital emergency room if you think you have a medical condition which could endanger life or limb if it is not treated immediately.

IS IT AN EMERGENCY?

YES

Go to the closest ER or call 911 for:



Difficulty breathing



Fainting



Chest pain or pressure



Uncontrolled bleeding



Coughing/vomiting blood



Poisoning



Sudden severe pain



Major injuries such as broken bones



Sudden facial drooping or weakness in an arm or leg



ER COPAY = \$100 (WAIVED IF ADMITTED)

NO

Call your PCP for:



Cold or flu



Sore throat



Minor cuts



Earache



Don't use the ER during normal physician office hours for non-emergencies that can be treated by your PCP!

Can't Get to Your PCP?



URGENT CARE

Medical care for an unexpected illness or injury that is not life threatening but cannot wait until you see your PCP.



PCP COPAY = \$0



Emergency services are for sudden and serious injuries or illness

YOUR PRIMARY CARE PHYSICIAN (PCP) CAN HELP YOU AND YOUR FAMILY GET THE CARE YOU NEED!



YOU

YOUR PCP



REFERRAL



SPECIALIST

A PCP helps you take care of your health and will help you get the care you need, when you need it the most.

Your PCP will provide most of your routine health care like physical exams, immunizations, preventive care, well-baby visits, and more. And if you need to see a specialist, your PCP will process a referral for you to see someone in the Select Network who can help you best.

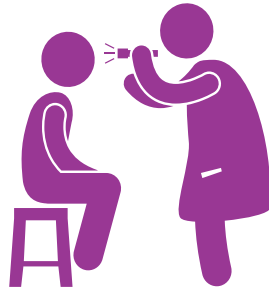


WHY IS A PCP IMPORTANT TO ME?

MY PCP ...



Gives me my
flu shot



Helps me control
my diabetes



Wraps up
my sprained
ankle



Gives me
medicine for
my flu



Makes sure my
baby is healthy



Cares
about me



Remembers
me every time
I see him



Sends me to the best
specialists in the
Select Network to
get the care I need

Your primary care provider (PCP) puts your health first.

That's why it's important to go to your PCP for routine and non-emergency care. Your PCP can get you the care you need to help you get and stay healthy!