

# Treatment for Mental Health and Substance Abuse

The Plan pays for the medically necessary Mental Health and Substance Abuse treatment. Contact the EAP, Modern Assistance Programs, Inc. (MAP) at 617-774-0331 to ensure that you obtain the full benefits.

## **FAST FACTS:**

- You and your family are eligible to receive mental health and substance abuse benefits under the Major Medical Benefit.
- Active employees may be entitled to receive alternative or complementary care benefits up to \$1,500 per covered person, per calendar year.

## **Mental Health—Inpatient Treatment**

The Plan pays for covered charges you or your eligible dependents incur for treatment as an inpatient, provided you receive treatment:

- As an inpatient in a hospital under the direction and supervision of the Department of Mental Health; or
- In a private hospital licensed by the Department of Health.

Partial Hospitalization benefits may also be available. “Partial Hospitalization” means continuous treatment of not less than four hours and not more than 12 hours. Two days of Partial Hospitalization equal one day of inpatient treatment.

## **Substance Abuse Benefits—Inpatient Treatment**

You and/or your family are eligible to receive inpatient treatment for alcohol and drug rehabilitation in a hospital or residential facility licensed by the Department of Public Health for treatment of alcoholism or drug abuse. The benefit is subject to Medical Necessity review by the EAP.

## *Limitations*

No benefits will be paid for court-ordered treatment for alcoholism or drug abuse, for treatment obtained in anticipation of court-ordered treatment, or for any treatment in conjunction with any criminal proceeding.

## **Outpatient Treatment for Mental Health and Substance Abuse**

The Plan also provides benefits for outpatient treatment of Mental Health and Substance Abuse.

Covered Charges will include only services provided by:

- A comprehensive health services organization;
- A licensed or accredited hospital;
- A community mental health center or other mental health clinic or day care center which provides mental health services, subject to the approval of the Department of Mental Health; or
- A licensed Physician, a licensed psychologist, a licensed independent clinical social worker, or a licensed psychotherapist who devotes a substantial portion of his time to the practice of psychiatry. Covered Charges include services only for consultations or diagnostic and treatment sessions.

## **Emergency Treatment**

In case of emergency, you or your dependents must be treated in the emergency room of the nearest general hospital for benefits to be payable. Maximum benefits will be payable as long as you notify the EAP within 48 hours of admission.