



TO: GIC Coordinators
FROM: Andrea Grych, Senior Key Account Executive
RE: Enrollment Information
DATE: April 6, 2022

Tufts Health Plan is excited to again offer great plan options for GIC members in 2022: Tufts Health Plan Navigator and Tufts Health Plan Spirit.

Enrollees are encouraged to visit our dedicated GIC website at tuftshealthplan.com/gic for all of the below information and more.

ENROLLING

Eligible employees who want to enroll in Tufts Health Plan—Navigator or Spirit plans are encouraged to use the MyGICLink member benefits portal at bit.ly/MyGICLink to complete the GIC enrollment no later than May 4, 2022. Current Navigator and Spirit members who want to remain in the plans don't need to complete any forms—their membership will continue unchanged.

HIGHLIGHTS OF YOUR NAVIGATOR BY TUFTS HEALTH PLAN COVERAGE

- GIC members have the highest coverage when they see Tier 1 providers in the Navigator network.
- The Navigator network includes 109 hospitals and more than 60,000 providers across Massachusetts, New Hampshire, and Rhode Island. GIC members also have access to the Tufts Health Plan behavioral health network. Our behavioral health network includes more than 14,000 in-network providers across those same states.
- GIC members also have the freedom to use out-of-network providers at a lower benefit level.

TUFTS HEALTH PLAN SPIRIT HIGHLIGHTS – A GIC LIMITED NETWORK PLAN

- Monthly premiums are less than those of Navigator.
- Lower costs and more savings by choosing Tier 1 doctors.
- There are no out-of-network benefits, so it is very important for members to be sure that their providers participate in the Spirit network. Coverage is limited to the Tufts Health Plan Spirit network only, with the exception of emergency services, which are covered anywhere in the world.
- Though not required, we encourage members to select a Primary Care Provider (PCP). PCPs can be advocates for members' health, keep records of the care they've received, help them get the care they need, and refer them to other providers when necessary.



Commonwealth of Massachusetts
Group Insurance Commission



TUFTS HEALTH PLAN HIGHLIGHTS – AVAILABLE TO BOTH NAVIGATOR AND SPIRIT MEMBERS

- The first three outpatient Behavioral Health Telemedicine visits will be waived with an in-network provider. After the first three visits, an office visit copay will apply.
Note: This change does not apply to services provided through Teladoc.
- GIC members also have a convenient way to access quality care for general medical, behavioral health and dermatology, even when traveling internationally. Tufts Health Plan powered by Teladoc® offers telehealth, which provides access to doctors or therapists by web, phone or app.
- Tufts Health Plan and Onduo are continuing their partnership to improve the health of GIC members living with Type 2 diabetes. This virtual diabetes clinic incorporates diabetic tools, coaching and clinical support to help members take control of their condition. GIC members who enroll in Onduo's program will receive a blood glucose monitor, and those who qualify will receive a continuous glucose monitor (CGM) system at no cost to the member. Additionally, members can earn up to \$150 with continued participation in the program.
- Outpatient eye and GI procedures performed at a contracting freestanding ambulatory surgery center will have a \$150 copay per visit; all other procedures will have a \$250 copay per visit regardless of facility type.
- Save money on non-emergency medical care by visiting a freestanding Urgent Care Center (i.e. Doctors Express, Carewell Urgent Care) if it's after-hours or if your PCP is not available. Copayments for freestanding Urgent Care Centers are \$20.
- GIC members can receive reminders about the many advantages of your Tufts Health Plan Navigator and Spirit membership—right on your phone! With MyWire from Tufts Health Plan GIC members will receive helpful reminders about ways to save money on your health care, exclusive member-only discounts, annual wellness visits and more! Text "THP" to 73529 to enroll.
- Try our Treatment Cost Estimator—This online tool lets you shop for health care just like you do for other anything else. Compare costs and doctors, see the complete picture and make the decision that's right for you.
- Download our free mobile app and enjoy quick, easy access to the information that matters most—anytime, anywhere.
- Get discounts at over 14,000 health and fitness facilities across the U.S. through the International Fitness Club Network (IFCN) and save even more on your gym membership and group exercise class fees with a fitness rebate (up to \$150).

Please note: Enrollees should refer to the provider directory at tuftshealthplan.com/gic to see if their doctors, hospitals and other providers participate in the Tufts Health Plan Spirit network.



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TUFTS
Health Plan

Below are instructions for ordering Annual Enrollment materials, along with important contact information. Please contact Lynn Giannino for questions regarding enrollment material orders.

Member Services (Specially trained staff serving GIC members exclusively)	800.870.9488	Address employee issues and questions about Tufts Health Plan GIC plans.	
Lynn Giannino	Senior Associate Account Executive	617.972.9400 x83818 lynn.giannino@point32health.org	Contact Lynn to order Tufts Health Plan materials.
Andrea Grych	Senior Key Account Executive	888.880.8699 x82118 andrea.grych@point32health.org	Contact Andrea if you have any issues or questions about Tufts Health Plan GIC plans.

ORDERING ENROLLMENT MATERIALS

You can download the order form from the Agency Coordinator page located on the GIC section of our website at tuftshealthplan.com/gic. Please complete the order form in its entirety and email your order to lynn.giannino@point32health.org.

Materials are available now. Also, all Tufts Health Plan information, including information about network providers, provider tiering, and behavioral health services are available electronically at tuftshealthplan.com/gic.

Please be sure you indicate the number of Tufts Health Plan materials you would like to receive.

Please make copies of the order form for your records. You may want to reuse this form throughout the year.

If you include your email address on your order form, you will receive an email notification when your materials are shipped.

PLEASE REMEMBER TO DISCARD ALL OLD MATERIALS