

CONTINUUM OF CARE



MEDICAL DETOXIFICATION

Gosnold Treatment Center, located in Falmouth, MA, is a 50-bed medical stabilization and detoxification unit where patients receive medically monitored withdrawal treatment. Care is managed by our comprehensive team of physicians, nurses, counselors, case managers and recovery aides—all trained and practiced in addiction treatment.



CLINICAL STABILIZATION SERVICES (CSS)

Our skilled team of behavioral health experts have developed a comprehensive curriculum of therapies and interventions to help patients manage their symptoms and develop coping skills to achieve a balanced and meaningful life. Patients will have access to a Master's level clinician and a psychiatric provider at our clinical stabilization program and will be connected to outpatient providers upon discharge to assure a smooth and supportive continuity of care.



Our program takes a personalized approach to meet each patient's needs and our multi-disciplinary team develops customized treatment plans and clinical support throughout the course of the patient's stay. The Emerson House is a 41-bed residential program, also known as CSS, located in historic West Falmouth.



PARTIAL HOSPITALIZATION PROGRAM (PHP)

The Partial Hospitalization Program (PHP) is an adult (18+) day treatment service that specializes in mental health and/or co-occurring disorders (mental health and substance use). Patients receive individualized, focused and goal-oriented treatment to help facilitate stabilization of symptoms in a less restrictive, non-inpatient environment.



INTENSIVE OUTPATIENT PROGRAM (IOP)

IOP is best suited as a step-down from our PHP program. Patients with a mental health and/or co-occurring disorder continue to receive medication management, group therapy and case management services. IOP allows patients to return to work, school or daily activities. Participation in IOP can range from 3-5 days a week and for 2-4 weeks depending upon the treatment goals of the individual.



INTENSIVE OUTPATIENT PROGRAM - SUBSTANCE USE DISORDER (SUD IOP)

SUD IOP sessions are held 3-5 days a week for 3.5 hours a day at various Gosnold locations, providing both day and evening groups. SUD IOP is best suited for patients whose primary diagnosis is substance use disorder. SUD IOP aims to give patients a heightened level of self-awareness about their substance-use disorder, solid relapse prevention skills and a variety of coping skills to help them become independent adults in recovery.



GOSNOLD SOBER LIVING

The transition from inpatient treatment to independent living is a critical part of Gosnold's continuum of care. Gosnold Sober Living provides a supportive environment for patients who require a structured transition from inpatient rehabilitation care into independent living.



OUTPATIENT SERVICES

Gosnold offers ongoing recovery support for our patients and community including: Individual, Group & Family Counseling, Psychiatric Services, Medication-Assisted Treatment (MAT), Massachusetts Impaired Driving (MID), Second Offender Aftercare (SOA), Behavioral Health Supports for Justice Involved (BH-JI), and the Anger Management Program.



CARE MANAGEMENT

Our comprehensive continuum of care supports individuals beyond their clinical treatment programs. Our offerings include Recovery Coaching, Southeast Community Partnership, School Based Counseling, Emergency Room Navigation, Post-overdose Follow-up, and Intervention Services.



FAMILY SUPPORT GROUPS

The Gosnold Reaching Out program is a resource for family members and loved ones affected by addiction. An educated and supportive family can have a positive impact on treatment outcomes. Family members receive support and guidance to manage the challenges of addiction and recovery. Gosnold provides weekly family education and support groups for families seeking answers and resources.



ALUMNI PROGRAM

Gosnold's Alumni Program is comprised of alumni, friends and family of any of Gosnold programs, who are invested in the growth and enhancement of the Gosnold mission and the organization as a whole. Gosnold partnered with the CaredFor platform in order to bring recovery securely and safely to tens of thousands of patients and alumni. CaredFor connects patients with critical information, self-evaluation tools, and peer support while promoting engagement in virtual and in-person programming.



ADDITIONAL SUPPORTS

Our ongoing commitment to heal the communities we serve include prevention initiatives, community outreach, anti-stigma education, and professional training & development.



OUR MISSION

Gosnold's mission is to excel in addiction and mental health treatment; to serve individuals and families affected by these illnesses; and to promote lasting recovery.



800.444.1554

www.gosnold.org