

Acupuncture Benefit

Tufts Health Plan Offers Alternative Care Options with Unlimited Acupuncture Coverage

With a network of local acupuncturists, you have access to unlimited acupuncture coverage with no prior authorization or referrals required. This acupuncture benefit was designed to help you receive the holistic care you need and deserve.

An alternative treatment for pain, acupuncture is commonly used to relieve discomfort associated with a variety of conditions, including: tension, migraines, neck pain and osteoarthritis.

How it Works

- Your visits are subject to your plan's specialist or primary care physician cost share.
- If your plan allows for out-of-network benefits, your visit will be subject to your out-of-network deductible and or coinsurance. You will need to pay the provider out of pocket and submit a reimbursement¹ form.
- If you're on advantage plans your visits may be subject to deductible cost share.

How to Find an Acupuncturist

- Visit tuftshealthplan.com and click on "Find a Doctor or Hospital" OR
- Login to your secure member account at mytuftshealthplan.com

¹Reimbursement applies only to plans that have out-of-network benefits. For in-network only plans, members must visit a contracting provider within the Tufts Health Plan network.

