

MANAGE ALL YOUR HEALTH PLAN INFORMATION IN ONE CONVENIENT PLACE!

REGISTER TODAY AT MYTUFTSHEALTHPLAN.COM!

Our secure member website at mytuftshealthplan.com has all the information you need to manage your health — and your health plan. It only takes a few minutes to register for access:

1. Go to mytuftshealthplan.com.
2. To register for a new account, click **Register here**

Not a registered member yet? [Register here](#)

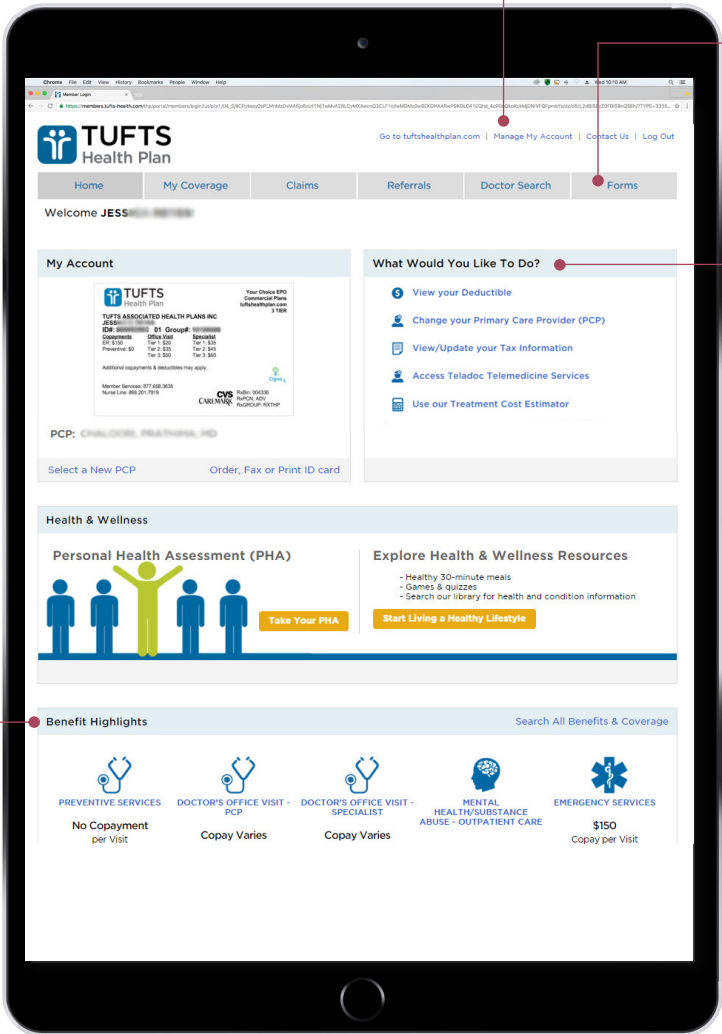
Click [here](#) FAQs regarding our new member website.

3. Enter your Tufts Health Plan Member ID number and Date of Birth and click Continue
4. Verify your identity and create your account
5. Once you have created your account, log in to access all the tools that **mytuftshealthplan.com** has to offer! Find out more inside...

YOUR PERSONAL HOME PAGE

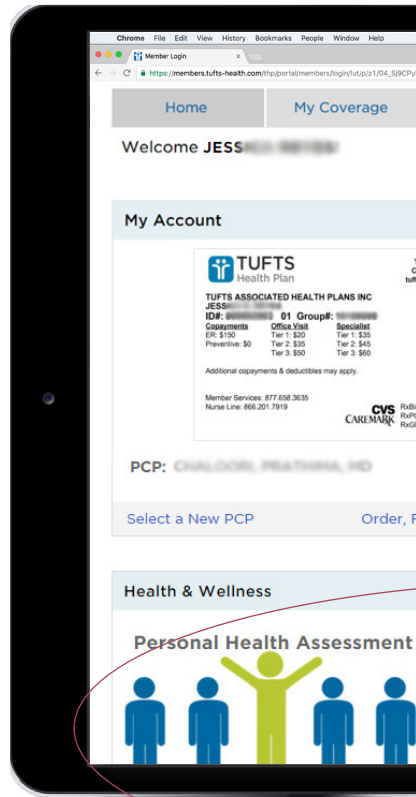
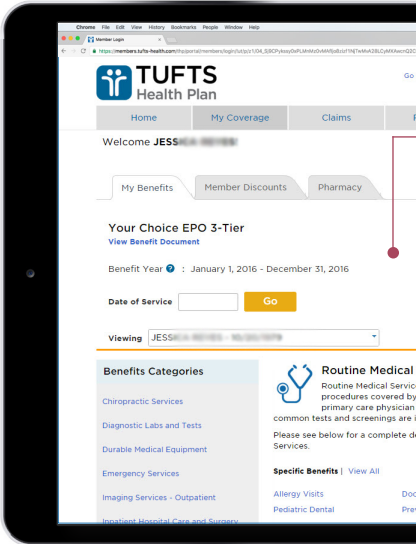
View or print your Tufts Health Plan member ID card, change your account preferences, and more

Print medical and pharmacy forms and view/update your tax information



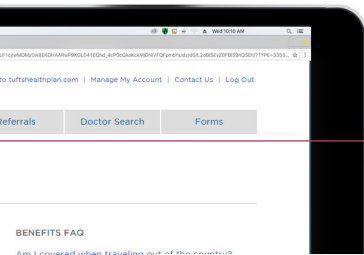
View highlights of your benefits including copay amounts and recent claims

Easy access to common transactions and popular tools, including our new telehealth solution and enhanced Treatment Cost Estimator.

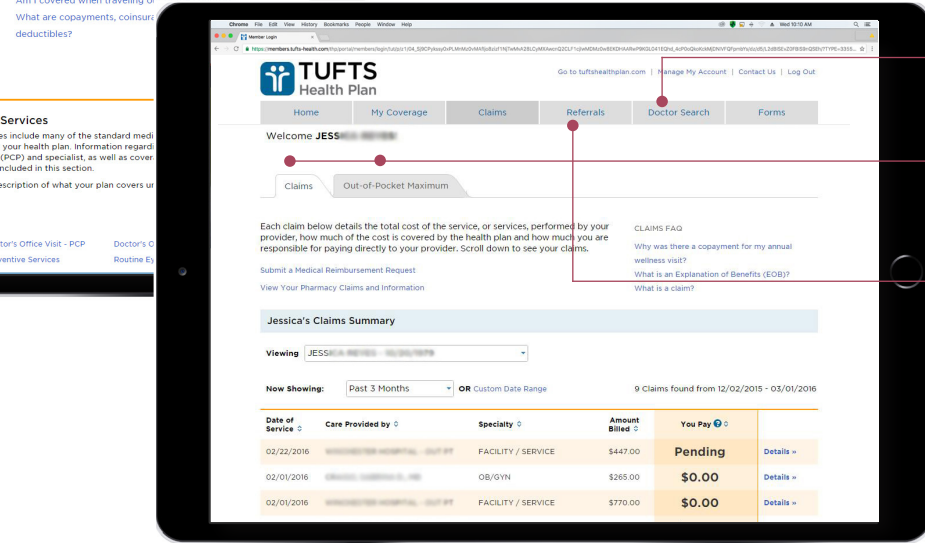


Note: This guide is based on a typical member experience. Actual features may vary based on your plan.

MANAGE YOUR COVERAGE



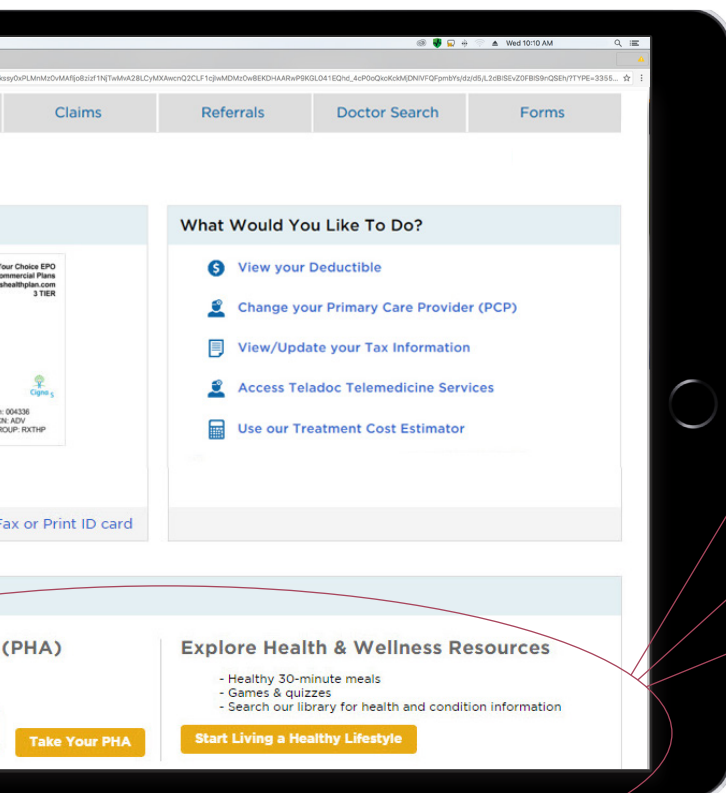
View a summary of your plan's coverage and copay amounts



Look for an in-network doctor or specialist

View your current claims and out-of-pocket maximums

Review any referrals or authorizations you may have in place



TAKE CHARGE OF YOUR HEALTH

Complete a confidential Wellbeing (or Personal Health) Assessment to check the status of your health and discover ways to improve it

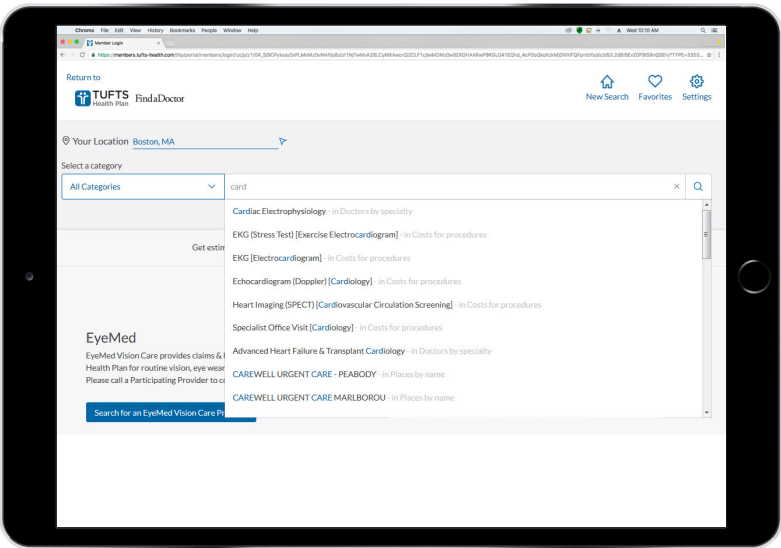
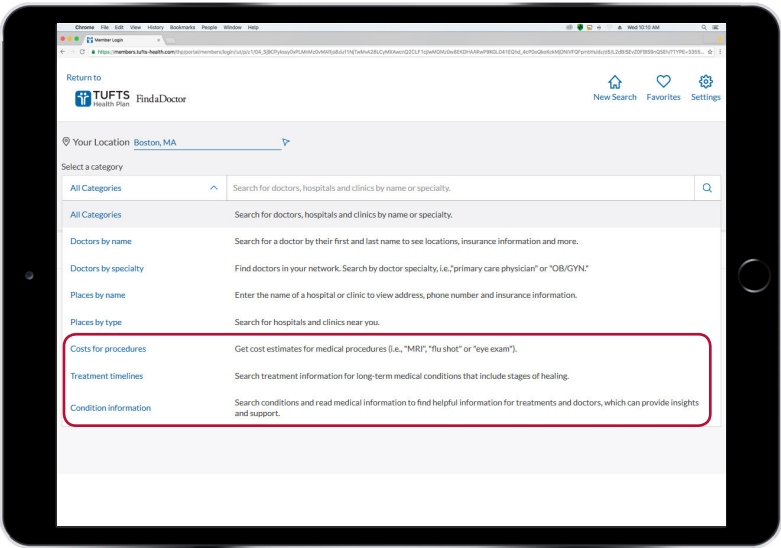
Create an action plan to manage your health goals

Choose from telephone lifestyle coaching* or virtual coaching for support in achieving your health goals

*Available to all fully insured members and self-insured members whose employer has opted into the program.

GET ESTIMATED TREATMENT COSTS AND FIND A DOCTOR

This powerful “all-in-one” tool gives you estimated costs for hospital stays, MRIs, surgeries and more. You can also search for doctors, hospitals and clinics by name or specialty.



All you have to do is type in a single word. The intuitive search bar will return a list of relevant results, making it easy to find the information you want.

Managing your health plan has never been this easy. Go to mytuftshealthplan.com and register today!

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705 Mount Auburn Street Watertown, MA 02472-1508 | tuftshealthplan.com