

MANAGE ALL YOUR HEALTH PLAN INFORMATION IN ONE CONVENIENT PLACE!

REGISTER TODAY AT MYTUFTSHEALTHPLAN.COM!

Our secure member website at mytuftshealthplan.com has all the information you need to manage your health — and your health plan. It only takes a few minutes to register for access:

- **1.** Go to mytuftshealthplan.com.
- 2. To register for a new account, click Register here



- 3. Enter your Tufts Health Plan Member ID number and Date of Birth and click Continue
- 4. Verify your identity and create your account
- Once you have created your account, log in to access all the tools that mytuftshealthplan.com has to offer! Find out more inside...

YOUR PERSONAL HOME PAGE



View highlights of your benefits including copay amounts and recent claims Easy access to common transactions and popular tools, including our new telehealth solution and enhanced Treatment Cost Estimator.

Personal Health Assessment

MANAGE YOUR COVERAGE



Claims	Referrals	Doctor Search	Forms		
	What Would Yo	ou Like To Do?			
e EPO Plans Loom	S View your	Deductible			
3 TIER	Change your Primary Care Provider (PCP)				
	View/Upda	ate your Tax Information			
gna s	🙎 Access Tel	adoc Telemedicine Servi	ces	6	
HP	Use our Tr	eatment Cost Estimator			
Print ID card					
A)	Explore Heal	th & Wellness Re	sources		
	- Healthy 30-m - Games & quiz - Search our lit		on information		
ake Your PHA	Start Living a He	althy Lifestyle			

TAKE CHARGE OF YOUR HEALTH

Complete a confidential Wellbeing (or Personal Health) Assessment to check the status of your health and discover ways to improve it

Create an action plan to manage your health goals

Choose from telephone lifestyle coaching* or virtual coaching for support in achieving your health goals

*Available to all fully insured members and self-insured members whose employer has opted into the program.

This powerful "all-in-one" tool gives you estimated costs for hospital stays, MRIs, surgeries and more. You can also search for doctors, hospitals and clinics by name or speciality.

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Return to TUFTS FindaDoctor		New Search	C Favorites	حَنْ Settings
Your Location Boston, MA	P			
Select a category				
All Categories	Search for doctors, hospitals and clinics by name or specialty.			Q
All Categories	Search for doctors, hospitals and clinics by name or specialty.			
Doctors by name	Search for a doctor by their first and last name to see locations, insurance information and more.			
Doctors by specialty	Find doctors in your network. Search by doctor specialty, i.e., "primary care physician" or "OB/GYN.			
Places by name	Enter the name of a hospital or clinic to view address, phone number and insurance information.			
Places by type	Search for hospitals and clinics near you.			_
Costs for procedures	Get cost estimates for medical procedures (i.e., "MRI", "flu shot" or "eye exam").			ר
Treatment timelines	Search treatment information for long-term medical conditions that include stages of healing.			
Condition information	Search conditions and read medical information to find helpful information for treatments and doc and support.	tors, which can	provide insi	ghts



All you have to do is type in a single word. The intuitive search bar will return a list of relevant results, making it easy to find the information you want.

Managing your health plan has never been this easy. Go to mytuftshealthplan.com and register today!

Note: This guide is based on a typical member experience. Actual features may vary based on your plan.



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