

BETTER MANAGE YOUR CARE

WITH SUPPORT FROM NURSE24SM

Talk to an experienced nurse
24/7 who will help you:

- ▶ Prepare for doctor visits.
- ▶ Understand your prescribed medicines.
- ▶ Make educated decisions about health issues.

Nurse24 is a free, confidential service that you can call anytime, day or night.

Call 866-201-7919 today.



TUFTS
Health Plan

momentum