



# TELEHEALTH

No Driving, No Waiting  
Room, No Cost



**Virtual Health Care Available  
Worldwide at No Cost<sup>1</sup> - Talk  
to a Teladoc Doctor 24/7 Via  
Web, App or Phone<sup>2</sup>**

- Connect with a U.S board-certified doctor in less than 15 minutes for everyday care
- Access a dermatologist in less than 48 hours
- Schedule sessions with a therapist or psychiatrist that fits your needs and schedule

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**SET UP YOUR ACCOUNT AT**  
[tuftshealthplan.com/Teladoc](https://tuftshealthplan.com/Teladoc)

**Now, You can access Telehealth  
by Teladoc Right from our  
Tufts Health Plan Mobile App!**



<sup>1</sup> Telehealth worldwide is available for everyday care services only.

<sup>2</sup> Phone access is only available for general medical and behavioral health services. If you're not sure whether your plan include Telehealth, ask your employer. Cost share may apply to some self-insured groups. Cost share will apply to Saver plan members starting 1/1/2022. If you're not sure whether your plan includes Telehealth by Teladoc please ask your employer.