



TELEHEALTH

Talk to a Teladoc
doctor 24/7

Available Worldwide¹

When you or your dependents need non-emergency care, Telehealth can save you time and money – Access a doctor by web, app or phone.²



Telehealth

\$55 or less



Urgent Care Centers

\$170



Emergency Department

\$2,000

Get Started



Register Now at

tuftshealthplan.com/teladoc



Download

NEW! Access Telehealth Right from Our Tufts Health Plan Mobile App



You can even receive your prescription at your local pharmacy when medically necessary

Get Care Anytime, Anywhere for Non-Emergency Conditions:

- Connect with a US board-certified doctor in less than 15 minutes for everyday care for conditions like upper respiratory infection (the No. 1 diagnosis), colds and flu, allergies, pink eye for **\$55**
- Access a dermatologist in less than 48 hours for common skin conditions such as psoriasis or eczema for **\$75³**
- Schedule a session with a therapist or psychiatrist to get confidential support that fits your needs and schedule conditions such as anxiety, depression or addiction:
 - Non-MD (Therapist or Psychologist) - **\$90**
 - Psychiatrist for a behavioral health evaluation - **\$220**
 - Psychiatrist for ongoing behavioral health sessions - **\$100**

For Members on Saver Plans, Telehealth Visits Are Subject to the Deductible and Cost Share Will Apply Starting 1/1/2022

¹In the case of an emergency, please call 9-1-1 or visit the nearest emergency department. Telehealth worldwide is available for everyday care services only. ²Phone access is only available for general medical and behavioral health services. ³Rates are subject to change.

Estimated cost comparison: National Center for Health Statistics 2016 report. Cost may vary depending on your plan. If you're not sure whether your plan includes Telehealth, ask your employer.