



# TELEHEALTH

No Driving,  
No Waiting Room

## Available Worldwide<sup>1</sup>

When you need care now,<sup>2</sup> Telehealth can save you time and money – by web, app or phone.<sup>3</sup>



**Telehealth**

**\$45 or less**



**Urgent Care Centers**

**\$170**



**Emergency Department**

**\$2,000**

## Get Started



**Register Now at**  
[tuftshealthplan.com/teladoc](https://tuftshealthplan.com/teladoc)



**Download**  
the Teladoc® mobile app, so  
you have it when you need it

Request a visit and connect with a doctor, who checks your medical history, diagnoses and treats your condition, and sends a prescription to your nearest pharmacy, if medically necessary.

## Get Care Anytime, Anywhere for Non-Emergency Conditions:

- Connect with a US board-certified doctor in less than 15 minutes for everyday care for conditions like upper respiratory infection (the No. 1 diagnosis), colds and flu, allergies, pink eye for **\$45** or less
- Schedule visits with a dermatologist for skin conditions like skin rash or infection, eczema, acne for **\$75**
- Schedule sessions with a licensed provider for behavioral health conditions like anxiety, depression and addiction:
  - Non-MD (Therapist or Psychologist) - **\$90**
  - Psychiatrist for a behavioral health evaluation - **\$200**
  - Psychiatrist for ongoing behavioral health sessions - **\$99**

## For Members on Saver Plans, Telehealth Visits Are Subject to the Deductible

<sup>1</sup>Upon renewal date and January 1st for new members. Telehealth worldwide is available for everyday care services only. <sup>2</sup>Actual emergencies such as trauma, fractures, chest pain and others clearly merit an ER visit. <sup>3</sup>Phone access is only available for general medical and behavioral health services.

Estimated cost comparison: National Center for Health Statistics 2016 report. Cost may vary depending on your plan. If you're not sure whether your plan includes Telehealth, ask your employer.

