



TELEHEALTH

No Driving, No Waiting Room, No Copay

Available Worldwide With \$0 Copay¹

When you need care now, Telehealth can save you time and money – by web, app or phone.²



Telehealth

\$0 Copay



Urgent Care Centers

\$170



Emergency Department

\$2,000

Get Started



Register Now at

tuftshealthplan.com/teladoc



Download

the Teladoc[®] mobile app, so you have it when you need it

Request a visit and connect with a doctor, who checks your medical history, diagnoses, treats, and sends your prescription to the nearest pharmacy, if medically necessary.

Get Care Anytime, Anywhere for Non-Emergency Conditions:

- Connect with a board-certified doctor in less than 15 minutes for everyday care concerns like upper respiratory infection (the No. 1 diagnosis), colds and flu, allergies, pink eye and more
- Schedule visits with a dermatologist for skin conditions like skin rash or infection, eczema, acne and more
- Schedule sessions with a therapist for behavioral health conditions like anxiety and depression, addiction and more

Our Members Love Telehealth

“It was GREAT!!! I did it at home at 8 p.m. in my jammies! The app is super easy...I am nothing but happy with it,” said Heather A., a member from Rhode Island.³

¹Upon renewal date and January 1st for new members. Telehealth worldwide is available for everyday care services only. ² Actual emergencies such as trauma, fractures, chest pain and others clearly merit an ER visit. Phone access is only available for everyday care and behavioral health services. ³ This testimonial reflects this individual's experience and experiences may vary.

Telehealth is available to fully insured commercial members (excluding Tufts Health Direct members). Buy-up options are available for self-insured employers. If you're not sure whether your plan includes Telehealth, ask your employer.

Estimated cost comparison: National Center for Health Statistics 2016 report. Cost may vary depending on your plan.

Members on Saver Plans, Telehealth visits are subject to the deductible.

