TUFTS
Health Plan

TALK TO A DOCTOR FOR FREE

Access Telehealth Virtual
Health Care Services

Telehealth is Here to Support You During Covid-19 – Anytime & Anywhere

Concerned about COVID-19? Use Telehealth powered by Teladoc® to have a doctor evaluate your symptoms at no cost – in less than an hour. You can also use the COVID-19 self-assessment tool within the Teladoc mobile app to evaluate your individual risk of COVID-19. Or visit **Test Site Finder** to access information on coronavirus testing near you.
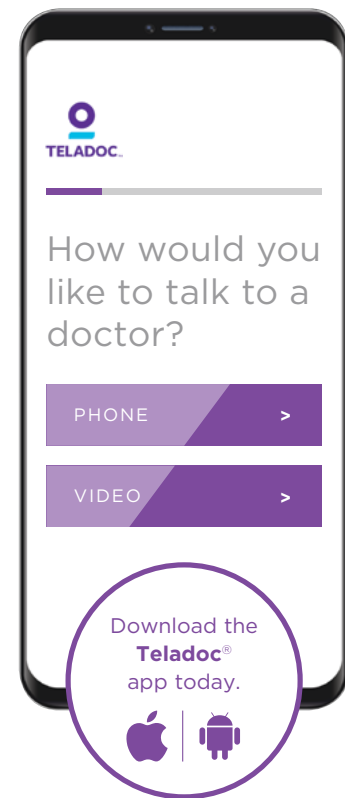
Telehealth Doctors Can:

• Offer answers to your questions about symptoms or treatment

• Send a prescription to your nearest pharmacy

• Approve 30-day prescription refills and extended 90-day refills

• Partner/Coordinate with your local public health department to get you the care you need

Telehealth also gives you access to licensed therapists and psychiatrists for confidential support - quickly and conveniently.

How It Works:

1. Choose the therapist or psychiatrist who best fits your needs
2. Schedule an appointment
3. Have your session by phone or video wherever you are

TELADOC.

How would you like to talk to a doctor?

PHONE >

VIDEO >

Download the
Teladoc®
app today.

SET UP YOUR ACCOUNT TODAY

The fastest way to receive care is to **Set Up Your Account** at **tuftshealthplan.com/Teladoc** and complete a brief health history. This will help your doctor prepare for your call before connecting with you.

Telehealth virtual health care services is available to Tufts Health Plan Commercial members (not including Tufts Health Direct) for plans issued or renewed in 2020. Until further notice, there will be no member cost share or copay for this service to our employer-sponsored groups, including all self-funded groups that have this benefit and have not opted out. As a reminder, during the COVID-19 emergency, you can also receive telehealth services from your regular health care providers without cost share if they have the ability to provide telehealth services.