

# QUIT SMOKING



## We Can Help

- Coverage for smoking cessation counseling services, including individual and group\*
- Over-the-counter (OTC) smoking cessation products may be covered in full for most members with Tufts Health Plan's pharmacy benefit\*
- Coverage for prescription smoking cessation medications\*
- If your plan includes Tufts Health Plan's pharmacy benefit, the following smoking cessation prescription drugs are covered with no cost share for most members:
  - Bupropion SR
  - Buproban SR (not immediate release)
  - Chantix®
  - Nicotrol® Inhaler
  - Nicotrol® NS Spray
- Please check your plan benefits for more information.
- \*Coverage information is for commercial plan members in MA and RI (purchased individually or through an employer)

