



TUFTS
Health Plan

DIGITAL TOOLS

Speed, Simplicity
and Savings



Treatment Cost Estimator + Provider Search

Shop for health care just like you do
for anything else



MyRewards

Save money and earn money –
up to \$500 per year, per member



MyWire

Text “THP” to 73529 to get secure text
messages and important reminders

Learn More

Visit tuftshealthplan.com/DigitalTools



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Member Portal + Mobile App

Register at mytuftshealthplan.com or via
mobile app to access ALL your health
plan information



Telehealth

Virtual Health Care available worldwide with \$0
copay.¹ Register at tuftshealthplan.com/Teladoc to
talk to doctors by web, phone or mobile app 24/7

Learn More

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Upon renewal date and January 1st for new members. Telehealth worldwide is available for everyday care services only. Telehealth, MyRewards and Mywire are available to fully-insured commercial members (excluding Tufts Health Direct members). Buy-up options are available for self-insured employers. If you're not sure whether your plan include Telehealth, MyRewards and/or MyWire, ask your employer.