

DIGITAL TOOLS

Access Your Health
Plan Benefits Anywhere



Member Portal + Mobile App

Login or activate your secure online account at mytuftshealthplan.com OR download the “Tufts Health Plan” mobile app to access all of your health plan benefits information.



**Simplicity,
Security & Savings**

LEARN MORE

Visit tuftshealthplan.com/DigitalTools or ask your employer



Telehealth Virtual Health Care

Set up your account at tuftshealthplan.com/teladoc
Access a U.S. based, board-certified doctors 24/7, by phone or mobile app worldwide for everyday care, confidential therapy and dermatology services.



Treatment Cost Estimator + Provider Search

Login to your secure online account to find a doctor, compare costs, and estimate your out of pocket cost.



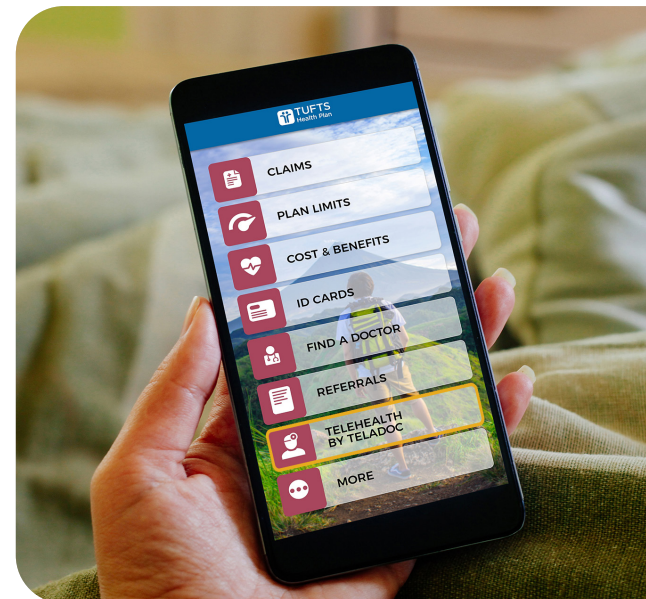
MyRewards

Sign up for MyRewards when you shop for services like mammograms and MRIs, and earn up to \$100 per each service.*



MyWire

Text “THP” to 79214 to enroll, and stay informed with secure, personalized text messages.



Up to \$500 per covered member per year. MyRewards is available to commercial fully-insured members (not including tiered products, CareLink and Tufts Health Direct) in Massachusetts and Rhode Island. Telehealth virtual health care services (provided by Teladoc) are available to Tufts Health Plan commercial members (not including Tufts Health Direct). There will be no cost share or copay for Teladoc services to employer-sponsored groups that have this benefit and have not opted out; cost share may apply to some self-insured groups. Cost share will apply to Saver plan members starting 1/1/2022. If you're not sure whether your plan includes Telehealth by Teladoc please ask your employer.