

3 great ways to save on pharmacy costs!

We understand that our members are always looking for ways to lower their costs at the pharmacy. Whether they're purchasing prescription drugs or over-the-counter items, every bit of savings helps. That's why we want to make members aware of three important opportunities to save, depending on their needs:

1. Our low-cost generic drug program:

With our low-cost generic drug program¹, members pay just \$5 for a 30-day supply of medication at the pharmacy--and just \$10 for a 90-day supply through mail-order.

The program includes more than 80 different generic medications used to treat more than 25 common conditions. These include everything from high cholesterol and high blood pressure to diabetes and pain management.

Members should check the full list of low-cost generics to see if they take any of the medications and can save. The list is available at tuftshealthplan.com/genericlist.

Without this low-cost generic drug program, members who depend on these important medications would be subject to higher co-payments. At Tufts Health Plan, we believe compassion and innovation are about helping our members pay less for prescription drugs in whatever way we can.

2. \$0 Cost-Share for Statins

We recognize the value of statins in helping to reduce the risk of a heart attack or stroke in people with high cholesterol. We now cover low-to-moderate dosages of statins for our members ages 40-75 for use in primary prevention at \$0 cost-share.

This change, which follows guidance issued by the U.S. Preventive Services Task Force, applies to the following drugs and dosages:

- Atorvastatin--10 mg and 20 mg
- Fluvastatin--20 mg and 40 mg
- Fluvastatin ER--80 mg
- Lovastatin--10 mg, 20 mg and 40 mg
- Pravastatin--10 mg, 20 mg, 40 mg and 80 mg
- Rosuvastatin--5 mg and 10 mg
- Simvastatin--5 mg, 10 mg, 20 mg and 40 mg

3. Save 20 percent² with the CVS Caremark ExtraCare[®] Health Card

With the ExtraCare Health Card, members and their families can save 20 percent off the regular price for CVS/pharmacy Brand³ health-related items valued at \$1 or more. They can use the ExtraCare Health Card at CVS/pharmacy stores nationwide to save on many CVS-brand items, such as:

- Allergy relief products
- Baby care items
- Eye and ear care products
- Over-the-counter medicines for colds, stomach problems, pain, and more

¹Tufts Health Plan's low-cost generic drug program is included in all small group plans and optional for large group plans.

²The 20 percent discount is restricted to items purchased for the health care of the cardholder, spouse, or dependents and applies to regularly priced CVS/pharmacy Brand health-related items valued at \$1 or more. Excludes alcohol, lottery, money orders, prescriptions and copays, postage stamps, pre-paid cards, gift cards, newspapers and magazines, milk, sale/promotional merchandise, bottle deposits, bus passes, hunting and fishing licenses, and are not valid on other items reimbursed by a governmental program. Plan restrictions may apply. Check with your plan administrator for more details.

³All CVS/pharmacy Brand products are 100% satisfaction guaranteed or your money back. If you're dissatisfied for any reason, you can return the CVS/pharmacy Brand product (opened or unopened) along with your receipt or invoice to any CVS/pharmacy store. We'll refund the full purchase price - no questions asked! To return the item by mail, call Customer Care at 888.607.4CVS (888.607.4287).