2020 IRS Limits for HSAs and HDHPs

For your reference, here are the 2020 IRS Contribution Limits and Annual Deductible/Out-of-Pocket Maximum Amounts for HSA-Eligible Plans and High-Deductible Health Plans:

Contribution and Out-of-Pocket Limits for Health Savings Accounts and High-Deductible Health Plans			
	2020	2019	Change
HSA contribution limit (employer + employee)	Self-only: \$3,550 Family: \$7,100	Self-only: \$3,500 Family: \$7,000	Self-only: +\$50 Family: +\$100
HSA catch-up contributions (age 55 or older)*	\$1,000	\$1,000	No Change
HDHP minimum deductibles	Self-only: \$1,400 Family: \$2,800	Self-only: \$1,350 Family: \$2,700	Self-only: +\$50 Family: +\$100
*HDHP maximum out- of-pocket amounts (deductibles, co- payments and other amounts, but not premiums)	Self-only: \$6,900 Family: \$13,800	Self-only: \$6,750 Family: \$13,500	Self-only: +\$150 Family: +\$300